SQUARE TIME

Eastern Ontario Square and



Round Dance Association

Bill Shields and Gale McCallum, (members of Cornwall's Swinging B' S and Alexandria's Glengarry's Tartans) created this sign giving hope throughout the COVID-19 on a house in Cornwall, Ontario, illuminated 24/7.



Volume 66.2 April 2020

Square Time Edition 66.2 April 2020

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To subscribe to Square Time:

SQUARE TIME is published four issues a year: February, March/April, October and December. EOSARDA members' rate is \$10/year; Non-member rate is \$18/year. For information, please contact Gavin Curie at 613.739.9395 or qavin.currie@sympatico.ca.

Square Time is also available, free, online. Visit eodance.ca and select More, then Square Time.

Submissions to Square Time

We welcome letters, articles, advertisements and almost anything dance related! Each member club is encouraged to send us their news, and tell us about themselves. Separate text and pictures, please. Text is reformatted to present a uniform appearance and any pictures will have to be extracted. Please send them to SquareTimeEditor@gmail.com.

Next issue... The next issue will be on October 2020. The deadline for submission is September 30th. Those picking up copies should contact Gavin Curie at 613.739.9395 or qavin.currie@sympatico.ca.

Advertising in Square Time

To advertise in Square Time, please send a PDF file to the editor indicating the size the advertisement is to be (full page, half page etc.). Advertisements will not be reformatted, other than to fit the space.

| | Member | Non-Member | Commercial |
|--------------|--------|------------|------------|
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Message from the President

"May you live in interesting times" is an old curse that, unlike the current pandemic, apparently did not originate in China. While I have repeated these words many times over the years, it is only in the last few weeks that I have come to understand how truly terrible the curse is. For there is no doubt that right now we are all living in "interesting times" and fervently wishing that it was not so.

I hope and pray that you are all safe and healthy, but I realize full well that this may not be the case for all of you. For we are all, young, middle-aged and old, susceptible to a terrible threat. A threat that has us bottled up in our homes, washing our hands many times a day and trying as hard as possible not to touch our faces.

Faced with the current emergency, our dance clubs have all suspended operations "for the duration", with no idea how long that may be. This was absolutely the right decision. No one needs to get sick or worse still, to die, because someone thought that we should try and dance our way through this crisis. I know how hard it was to make the decision to "shut 'er down", but again there is absolutely no doubt that this was the only possible course of action and I applaud all those who did what had to be done and did it promptly and responsibly.

So now what?

Well, for now, we:

- stay home as much as possible;
- practice social distancing if we have to go out;
- buy only those things that we absolutely have to buy;
- wash our hands:
- don't touch our faces and
- quietly do our best to avoid going crazy.

And whenever we can, we thank those front line health care workers, grocery and pharmacy employees, first responders, warehouse workers and anyone else who is doing all that they can to keep us safe and secure at the risk of their own well-being.

It ain't easy, but if we all do our part, we will get through this.

But then what? What will the post-pandemic world look like? Will people still want to dance?

If history is our guide, we can take some solace in how people reacted following the Spanish Influenza pandemic of 1919. The Spanish 'flu actually killed more people than died in combat during the four terrible years of the Great War of 1914-18. Yet within a few years, the world was back to normal, bars and restaurants were crowded and people were dancing up a storm. So there is some hope.

But we cannot just assume that once this mess is over things will automatically return to their pre-

pandemic norm. It will take time and effort to get things started back up again. Many experienced dancers may be keen to get back to dancing, but there may well be some who hesitate to return to the dance floor. And recruiting new dancers may be a problem after many months of social distancing.

We need to start thinking now, while we have time on our hands, about how to address these concerns; what changes we will have to make in the way our clubs operate; and what, if any, changes we will have to make to the way we dance.

I am confident that, while it may not be easy, collectively we can meet and overcome these challenges. We will dance again!

In the meantime, be patient, don't try to start up your club before it is clearly safe to do so, and above all, stay safe and stay healthy.

Dave Western President EOSARDA

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A sign in the flower shop window says "buy flowers not toilet paper".

A good laugh and a long sleep are the two best cures for anything.

Insights • Some of the most important problems we face as we grow old are poor memory, tiredness, lack of sleep, poor memory, aching muscles, not enough hours in the day and poor memory.

A Lawyer is a man who helps you get what's coming to him.

A bank is an institution where you can borrow money, provided you can show sufficient evidence that you do not need it.

Message from the Editor

Well, things have certainly changed since I published the last issue. With no dancing and 'locked down', we mostly stay in our homes.

You will almost certainly be reading this electronically. This issue will be available on the eoDance web site as usual, although not printed. I encourage readers to share the site with other dancers. Once you open ST from the web site, you will then be able to save a PDF copy.

These times are completely new to all of us. We have to stay home, but we can call family, friends and dancers. Put someone on your list of things to phone today. Loneliness can foster depression and we need to help each other cope. Get back to that reading list you have been putting off. Check out your to-do list and get the things done you have been putting off. Above all, look after each other.

As we know, all clubs have stopped dancing until the farther notice.

The puzzle on page 24 was taken from "around the Square"

I have included an item written by my wife Margaret.

Gerry Johnson

Hello there,

There are people so anxious inside that I just have to add my two cents.

Covid 19 is so fast moving that there is no spelling check for it on my computer. Most people live. We forget about that. For me, no busyness is a gift – a time to obtain balance and de-stress from always having to go out the door. As well, my husband stays home! Well, mostly.

Covid 19 humbles us all. It levels the playing ground between the rich and the poor, the successful and the not, the politicians and the rest of us. The hope is that out of this time will come a time of peace. We will be ready to dance once more.

Margaret Johnson

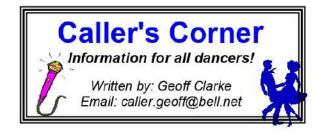
And the people stayed home.

And read books, and listened, and learned, and rested, and exercised, and made art, and played games, and learned new ways of being, and were still, and listened more deeply. Some meditated, some prayed, some danced. Some met their shadows. And the people began to think differently.

And the people healed. And in the absence of people living in Ignorant, dangerous, mindless and heartless ways, the Earth began to heal.

And when the danger passed and the people joined together again, they grieved their losses, and made new choices, and dreamed new images, and created new ways to live and heal the Earth fully, because they had been healed.

Unknown author



A New Dancer asked me this question one night not so long ago:-

"How come I seem to be always rushing through the Singing Call? I don't seem to have enough time to complete everything?"

After giving it some thought, I came up with a number of points that not only answers a very good question, but also provides some insight into what a new dancer needs to consider:-

- Square Dancing is a LEARNED SKILL that does require practise and for most dancers, if you're only dancing one night a week at your regular club, it will take more time to 'master' the various moves. However, if can get out and dance MORE THAN ONCE PER WEEK, you will learn faster & become more 'comfortable' with all these new Basic moves! Where can you get extra practise? By visiting one of the other clubs in the area you won't regret it!
- Dance IN TIME with the MUSIC! That
 means move your feet 'in time' with the
 music & execute the moves 'in time' with
 the music. You'll be amazed how much
 easier it is!
- 3. **ASK THE CALLER** if you're not sure about something. That's what he/she is there for!
- 4. RESPOND to the CALL when you hear it!! BE LISTENING AT ALL TIMES and if you're not hearing the calls properly, then get into a square at the FRONT of the hall!

 PROPER EXECUTION of the moves means that you're "ON TIME" (in the right place at the right time) for the next call given. ON TIME, means executing the move with the correct number of beats of music.

For example:-

- PROMENADES keep them "tight" (a Full Promenade is 16 beats)
- SQUARE THRU's CRISP smooth turns are necessary (Square Thru 4 = 10 beats) - don't "wander"!
- DOSADO keep it 'tight' (Dosado = 6-8 beats max)
- SWING swing <u>ONCE</u> unless told otherwise (Swing = 6 beats). Swinging those 'extra' turns gobble up the music & you'll be 'late' for the next call!
- KEEP YOUR SQUARES "tight" don't let them "breathe" too much - which simply means they getter 'bigger' & you have to move further & faster to keep in time with the calls.
- KEEP YOUR LINES 'close' together 6 steps apart (3 fwd-touch-3 back = 8 beats)
- 6. FINISH THE MOVE you're doing before trying to execute the next! Callers will "stack" the calls (give you the next call before you're ready to do it), so finish the call you're presently doing <u>before</u> starting the next one!!'.
- 7. SQUARE BREAKS DOWN? DO SOMETHING other than standing around wondering 'what happened' & 'who caused it'. For Patter - get into lines; for

Singer - square up at home.

8. HELP YOURSELF by your reviewing all the moves you've learned by going over them in your Basic/Mainstream Instruction book (or check Taminations) especially after you've just learned a 'new' one! Looking them over 'in advance' is ok, but it may be confusing to you.

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Square Time Issue 66.2 (2020)



Another edition of "Stuff we think everyone knows, so we never tell you about it".

What is ECMA?

Most of us have at least heard of a situation in which a dancer fell to the floor during a tip. If that happened in your square, would you know immediately how to respond?

Fortunately emergencies are rare in dancing, but when they do happen it can be critically important to get proper attention to the victim as fast as possible.

As you might have already guessed, the square dance community has developed an effective way to get attention and help immediately. It's a formation that dancers in the victim's square should use to make their square immediately noticeable to the caller and other dancers. It signals instantly that medical attention is needed in that square right away.

The formation is an **arched circle called the ECMA**, which stands for **E**mergency Call for **M**edical **A**id. When a dancer goes down, this formation is used by the other dancers in the victim's square to save important minutes that would otherwise be lost in the frenzy of waving arms and explanations that cannot be heard or understood across a crowded dance floor. The ECMA formation cuts through all that wasted time.

Here's how it works:-

STEP 1: When a dancer goes down, a second dancer attends directly to him/her.

STEP 2: Remaining couples join hands and take a step backward. This allows the injured person and attendant air and space.

STEP 3: Raise joined hands as high as possible in the form of an arched circle.

STEP 4: On seeing this signal, **the Caller** (or hall monitor) should immediately place an **"Emergency Call For Medical Aid". <u>If this does not occur</u>, a dancer should immediately go to the front & alert the Caller, (or those in charge), so the proper assistance can be summoned as quickly as possible.

Once appropriate steps have been taken to address the situation (**whether it's calling 911 or simply helping the victim to their feet), Callers and dancers should continue as usual while aid is administered.

Callers, Cuers and club leaders should take time to explain the arched circle ECMA signal to their dancers to familiarize them with the procedure and its purpose.

Geoff Clarke, EOSARDA Director





EMERGENCY CALL for MEDICAL AID

- When a dancer goes down, a second dancer attends to him/her
- The remaining couples join hands and 2 take a step backward.
 This will allow the injured person and
 - the attendant air and room
- Raise joined hands as high as possible in the form of an arms. in the form of an arched circle
- On seeing this signal, the caller or hall monitor will immediately respond and place an Emergency Call for Medical 4 Aid if required.

Caller and Dancers should continue as usual while aid is administered.

Meet our Dance Leaders Dave Western - Line Dance Teacher

In 1990 my wife Pearl and I moved our young family from Kanata's Bridlewood neighbourhood to a 3 acre wooded lot in what was then Goulbourn Township.

At that time I was an up-and-coming young executive in the Federal Government and was deeply involved in the Scouting movement at both the local and regional level. My life revolved around work, my young family, Scouting and our new property. There was little time for things like shared experiences with Pearl. It wasn't too long before I was told that if I wanted to stay married I had better find some time for the person I loved most, my wife.

"Like what?" said I.

"Like dancing" said she.

"I can't dance" said I.

"You'd better learn" said she.

And I did.

Realizing that Ball Room Dancing was well beyond my limited capabilities, we began County Couple's Dancing with Diana and Steve Hudson and then with Dave and Linda Corke. There we met Karen Remy, Peter Courdin, Billi and Chuck Langtry and Gerry and Jim Sawtell, people who would have a significant impact on our lives although we didn't know it at the time.

Shortly after starting Country Couple's Dancing we began line dancing. Before long we were line dancing regularly in Ottawa, Smiths Falls, and Chelsea, Quebec.

One evening we received a call from Peter Courdin. He wanted us to know that a couple by the name of Jean and Don Clingin had started a Beginner Round Dance class in Carleton Place. He suggested that we give it a try. We did and quickly fell in love with the activity. Despite my two left feet and with a lot of help from Don and Jean, over time we became reasonably proficient Phase III Round Dancers.

It wasn't too long before we realized that when we attended an Open Dance, we were only dancing about 1/3 of the time and were sitting watching others have fun the rest of the time. Not happy with this arrangement, Pearl suggested that we try Square Dancing. We went to an Open House being offered by someone named Geoff Clarke, who said he was something called a Square Dance Caller. Well, maybe so, but I was not used to dancing with anyone except my loving and very forgiving wife. I was uncomfortable being asked to dance with 6 total strangers in a square. "Not for me", I said. It would be two years before we tried Square Dancing again.

Two things happened to make me change my mind. First, the Clingin's set us up by inviting Harold Moore to call an introductory Square Dance tip in the middle of our weekly Round Dance lesson. Harold insisted that we all get into a square which I did with some reluctance. Pearl enjoyed the dancing, I remained unconvinced.

Later that Spring, I had a roller blading accident that left me with a broken wrist and my arm in a cast for an entire summer. When your wife is a teacher, you don't mess with her summer! That September I was told in no uncertain terms, that we were going to try square dancing again.

So in the Fall of 2005 we signed up with Geoff Clarke's (yes, that Geoff Clarke) Town and County Kickers as brand new Basic Dancers. We also kept up our Round and Line Dancing but let go of County Couple's Dancing when the organization behind it in the Ottawa Valley collapsed.

In our first ten lessons, I quit nine times, only to be told that quitting wasn't an option. We kept going. Pearl kept saying that for someone who wasn't enjoying himself, I always seemed to have a big smile on my face when we were dancing. I'm sure that a lot of that was due to Geoff Clarke's hard work at making square dancing a whole lot of fun.

Geoff was also big on encouraging his dancers to visit other clubs and to go to Open Dances whenever and wherever possible. He even convinced us to attend the Canadian National Convention in Montreal as newly graduated Basic dancers. It was hot, the air conditioning wasn't working but we enjoyed it anyway, besides, the hotel had a pool. By the end of our first year of square dancing, we were both hooked.

Over the years we have been members of a number of dance clubs, including: Take-a-Step Rounds, Roundtuit Round Dancing, the Town and Country Kickers, Trackers, the Mississippi Squares, the Lock-its and the Amazing A's. At one time or another we have danced with all of the clubs in East-ern Ontario. We have danced in new York State, Florida and Hawaii and have danced on the Pacific, Atlantic, Caribbean and Mediterranean Oceans. I cannot even begin to count the number of Open Dances we have attended.

We currently dance Squares at the A-2 level and Rounds up to Phase III. But I don't teach, call or cue either Squares or Rounds. I am a Line Dance Teacher.

As previously mentioned, Pearl and I began Line dancing before we began dancing either Rounds or Squares and we have kept it up over the years.

In 2003, my employer, the Canadian Transportation Agency, decided to have a talent show in support of the United Way. Knowing that I was a line dancer, several in the Agency asked me to put together a line dance team to participate in the show. I agreed and for the next several weeks we practised intensely in an empty room on the ground floor of Les Terrases de la Chaudière in Gatineau during our lunch hours. We had a lot of fun and our performance at the talent contest was a great success.

When it was over, some of my dancers asked if we could continue dancing at lunch time. I agreed. Originally we used an empty store front on the ground floor of our building but eventually we moved to an open area in the main concourse and our little group gradually expanded to include employees of several of the departments co-located in Les Terrases.

In 2008 I retired from the Federal Public service after 37 years of service. With time on my hands, I decided to see if I could start a small line dance class in Richmond. I put ads in the local paper, stuck some posters up in the library, the grocery store and the arena and was delighted to get a class of 10 people. We called ourselves Got Lines - Line Dancing, a name which I stole from my old friend Geoff Clarke who all through Basic would repeatedly say, "Lines, get lines, get regular lines".

Its hard to believe that this year my Richmond club celebrated its 12th anniversary!

In the Fall of 2010 I added a second class on Thursday evenings in Stittsville. That class has just celebrated its 10th anniversary.

Unlike square dancing, line dancing has no set teaching syllabus. As a line dance teacher you have to figure it out for yourself. The biggest difficulty is finding a way to integrate new dancers into a group of dancers some of whom have limited dancing experience and some of whom have been dancing for many years. Having tried several different approaches I have adopted a multi-level format that allows dancers to design their own dancing experience to a certain extent.

Any registered member of Got Lines - Line Dancing has the choice of dancing with us on Tuesday afternoons in Richmond, Thursday evenings in Stittsville or both. This allows dancers to work around their busy work and family schedules.

The basic program at both locations is the same. The class starts with an optional, complimentary 30-minute Easy Lines lesson which allows new dancers to learn basic dance moves and rhythms. It also gives our more experienced dancers the opportunity to refresh their basic skills.

The Easy Lines portion of each lesson is followed by a one hour Beginner/Improver lesson which is the core of the dance program. This section features faster paced, more complex dances than those done in the first $\frac{1}{2}$ hour but is still suitable for Beginner dancers.

On Thursday evenings only, the second part of the lesson is followed by an optional, complementary

30-minute Intermediate lesson for those who want to try something more difficult. While any member of Got Lines may try the Intermediate lesson, its greatest appeal is to more experienced dancers.

Got Lines has two unbreakable rules:

#1 Have fun, mistakes don't count

#2 Don't fall down, it hurts. (If there is a move that you cannot do, rather than risking injury, let me know and we will try to modify it.)

In addition to my weekly clases in Richmond and Stittsville, from 2011 to 2014 I taught a monthly class at the Royale Retirement Residence in Kanata. Working with seniors posed an interesting challenge as I had to: use slower music; re-choreograph dances to eliminate turns; and even modify them for mobility impaired seniors who needed to dance sitting down. While my dancers all enjoyed themselves, old age has a way of catching up with us all. Over the years the number of active dancers gradually dwindled to the point where the class was no longer viable. But the experience has stood me in good stead and I continue to do line dance parties at senior residences several times a year

In 2012 I was invited to teach a very special group of ladies at the Good Companions' Centre on Lebreton Flats in Ottawa. They called themselves Stepping Out Sisters and initially were rather shy at having a male dance instructor. But dancing is a universal language and it wasn't too long before we were all having fun on the dance floor. For a variety of none dance-related reasons, the group folded after 2 years but I was asked to continue teaching line dancing as part of the Good Companions' regular programming. Now in its eighth year, the class runs from September through June on Thursday afternoons at the Centre's Albert Street location.

Over the years, I have taught line dancing in several schools and at Bridal Showers, Bachelorette parties, Birthday parties, Wedding Anniversaries and at the very first Swing into Spring Dance weekend. Line Dancing can also be a great team builder and I have done corporate events for groups as diverse as: Care Canada, Canadian Blood Services, The Westin Hotel, The Ottawa General Hospital, Chapel Ridge Free Methodist Church, Royal Lepage Real Estate and the Royal Ottawa Golf Club.

One of the major highlights of my line dance teaching career happened in 2012 when the National Capital Commission asked me to teach line dancing in Majors Hill Park in Ottawa for that year's Canada Day celebrations. It was a hot sunny day and we all had a fun. Lots of kids and their parents got up to give line dancing a try. One group of German tourists was even dancing on the grass!

All dancing is great physical exercise, but Line Dancing is more aerobic than either Square or Round Dancing. It helps keep me physically fit.

All dancing exercises the mind. Teaching Line Dancing requires a great deal of memory work. It helps keep me mentally fit.

I hope that I will be able to continue dancing for many more years.

ADDENDUM

In January or February of 2007 (the actual date is unrecorded) an event took place that had a significant impact on my life. One evening at Take-a-Step Rounds, Allan and Susie Douglas dropped by. EOSARDA's Board of Directors was short of members (some things never change) and as Past Presidents of the Association, Allan and Susie were looking for willing volunteers to fill the gaps on the Board. Layer that Spring I volunteered to serve on the Board for Dance Year 2007/08.

At my first Board meeting in September 2007, the Association's President, Wendy Sauvé, asked if I would take on the job of Chair of the newly created Publicity and Promotions Committee. I accepted and with the help of a number of extremely talented and hard working individuals, began putting together a Publicity Plan. Our efforts came to fruition in the Fall of 2008 when we launched a region-

wide Square and Round Dance Week.

In addition to having the week formally proclaimed by the Mayor of Ottawa, we organized a series of demonstration dances across the region in prime locations such as the Brockville Mall, Bayshore Mall and St. Laurent Mall. The week wound up with a free dance at St. Patrick's High School in Ottawa for anyone who wanted to try Square, Round or Line Dancing.

We also organized a regional dance team called the EOSARDA Eagles which actively sought opportunities to demonstrate Square and Round Dancing to non-dancers. Over the next few years the Eagles would perform in venues all across Eastern Ontario,

In the late Fall of 2008, disaster stuck when our popular President, Wendy Sauvé, was struck down by a serious health problem that obliged her to take a leave of absence from the Board. Not knowing how long Wendy would be side-lined, in January 2009 the Board asked me to fill in for Wendy on a temporary basis. By April of 2009 it was clear that Wendy would be unable to resume her duties as President and I was elected as her replacement. Eleven years later I am still President of EOSARDA, largely, I suspect, because no one else wants the job!

During my tenure as President, I have had the privilege of working with many talented individuals who were - and are - dedicated to advancing and promoting the Square and Round Dance movement. Together we have had a number of major accomplishments including: hosting the Canadian National Square and Round Dance Convention in Ottawa in 2014; and in 2012, in cooperation with the Seaway Valley Square and Round Dance Association, organizing the first Swing into Spring dance weekend in Prescott. Swing into Spring has become successful annual world-class dance event.

In 2016, Pearl and I received the Trillium Merit Award from the Ontario Square and Round Dance Federation in recognition of our service to the Square and Round Dance Movement. While deeply honoured to have been recognized in this way, credit should really go to all those who have worked with me to encourage the growth and advancement of the Square and Round Dance movement in Eastern Ontario. We have been unable to stop the decline in membership that is being experienced across North America, but I am sure that working together we have slowed it significantly.

As I write this, dancing across our region is suspended due to the coronavirus pandemic. One day we will dance again and I hope to meet you all on the dance floor.

Dave Western

There are 2 kinds of people at parties. Those who want to go home early and those who want to be the last to leave. The trouble is that they are usually married to each other.

Behind every successful man stands a surprised wife.

Why a man would want a wife is a mystery to some people. Why a man would want more than one wife is a "bigamystery".

The best way to save face is to keep its lower half shut.

PUZZLE TIME: FIND THE CALLS

H M J D Y C O R U N W V E E X R N W S A H S F J A K L R B A P P W D E A D V A S U E W N T W L E LOEEAXHEBERALTARILISRCAN F S N W O H A S R O N E S K H W E O N N A Y E I TNIHUVTLAEXELTAFNFGLDWDL ILEETEEMSHT EYTNTAIDEYDE GAEEDFUODTFVHATODFEXBGNH PHHLTORRTNILLEUSODECYUAT ACTATPDONDALARGRONOUORLD SSNRYUOASBEMHHNNIMMDXHEN SEWOYHRRSMATEICLAJAZGTEE TIOUSZENAOGCALELRINLVEHB H D D N C N O N T N D T K H L T O E P S A R W I EANDTRDOIHWJ TWZAQVDQOAXK OLIROEEWMIRGNRUTYSETRUOC CIAOSNSNRMAURHTSSAPRJQQS EPHLARKLLTQDGDQDAZPDLSIN AYCWPOHCTULCEHTPILSOXEBO NSLJOCKCIRCLELEFTYPQSDAK GRANDSQUAREAKYVVELWAENOF UKCABTOOCSPBFERRISWHEELM ENURSSORCNPBAOFBEHUGST T M NYTTHBCIRCULATETYUZMAXES PRECYCLECGUQOAQAJMUVWEPD

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FERRIS WHEEL FOLD **GRAND SQUARE** HALF SASHAY HALF TAG LADIES CHAIN LEFT ALLEMANDE OCEAN WAVE PARTNER PASS THE OCEAN PASS THRU PROMENADE RECYCLE RUN SCOOT BACK SEE SAW

SHOOT THE STAR
SLIP THE CLUTCH
SQUARE THRU
SWING
SWING THRU
TAG THE LINE
TRADE BY
TURN THRU
U TURN BACK
VEER LEFT
WALK AND DODGE
WEAVE
WHEEL AND DEAL
WHEEL AROUND
ZOOM

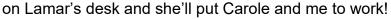


Your Publicity Committee is Still Working through the pandemic, from home)!

Since the meeting we planned in Prescott with you at the end of March had to be cancelled because of issues around COVID-19, we want to let you know that we're still working on ways to increase awareness, interest and (most of all) participation in square, round and line dancing.

We are putting together some of the ideas you've shared with us as well as some ideas from other sources, in an effort to compile a list of potentially effective things you can do to increase the number of dancers in your club. We're looking for new ideas that are 'outside the box'. Our list includes those ideas many of you have already tried but may be of interest to other clubs.

Now that you are unable to do much else and you're sitting home wondering what to do with your time, please, give some thought to how we can make our activity appealing to others who have not yet experienced the challenge and fun that we have. How can we bring back dancers who did come out, but left without giving a reason? We'd love to hear from you – publicity@eoDance.ca will land





Here's a look at something else we're planning to do (providing the virus co-operates) ... an outdoor dance (at the tent) on August 23 in Confederation Park, Kingston. As we did last year at the Byward Market in Ottawa, we're inviting callers, cuers, leaders and dancers all to come out and make this event lots of fun so that other people in the Park will be curious and come over for information and flyers from the local clubs, view our Eastern Ontario map of where new dancers can begin, and

maybe even try a line dance or two! Save the date!

As we come across them, the Publicity Committee will pass on tips to you that might help retain the wonderful group of dancers that we already have. Share your ideas and suggestions with us and we'll share them with others as we continue to 'spread the word' about our fantastic activity. And remember, keep in touch with your dancers as we all wait to restart! Dancing is as much social as physical, and we all need to keep that social contact going...from a distance!

As told to me by a square dance friend: When the pandemic is over, we will all have a renewed appreciation for our favorite past-time and the company of friends.

Gloria Bateman, with Lamar & Carole

Club News Bay Waves

Hi from the Bay Waves. Our dance season has come to an end but what a year we had. We had special nights - Halloween, Christmas, New Years, and Valentines Day. We had 3 new dancers and lots of visitors. And of course lots of fun, laughter, and dancing.

We did have to say good bye to one of our long standing members, Brian Stedman. He will be greatly missed by our club.

Hope everyone is staying safe and we hope to see everyone next year starting in September.

Charlene Gardner



Constance Bay, Ontario



Club News Capital Carousels

As I write this at mid-March 2020, we have just decided to suspend dancing until further notice because of COVID-19. Normally, we dance at Parkdale United Church in Ottawa, on Monday morning for Phase 3-5 and Thursday morning for Phase 3-4. Our dance season is currently planned to end mid-May and resume in early September.

Since many conventions, parties, and public dances are being cancelled due to COVID-19 coronavirus, this spring, and maybe even summer, may be very quiet and isolating. But hopefully by September all our dance clubs will be back to normal. Then when we return to dancing, we will be planning our own much-anticipated annual Capital Caper with Steve and Irene Bradt in autumn. We hope you enjoy our pictures taken at our St. Valentine's Day party.

For information about our club, visit our facebook page, or read our blog at http://learningcreations.ca/CapitalCarousels/, and click on "contact us" to reach us by email. Until then, take care and stay healthy.

Linda Shannon









Glengarry Tartans – Alexandria March 2020

We will Dance again!



Funny Hats Dance

Sunday, March 7th, 2020

Square Dancers sure know how to have Fun!

Those who were brave enough....to be silly!

















Marcelle & Archie Roussin (Club President Couple)

Dancers voted on the best funny hat
Marcelle won the Tim Hortons' gift card for her I Love Chocolate creation!

Congrats!

In times of physical distancing... Stay Socially Connected!



The Glengarry Tartans are members of the following Associations.

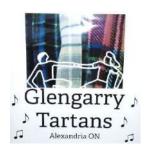
Eastern Ontario Square and Round Dance Association http://www.eodance.ca/

Seaway Valley Square & Round Dance Association www.svsrda.com

Border Boosters Square and Round Dance Association http://www.borderboosters.qc.ca/

PINTEREST - Canadian Square & Round Dance Society https://www.pinterest.com/canadiansquarea/

Carole Lauzon, Secretary, Advertising & Promotion, Glengarry Tartans Alexandria Promoting Fun, Wellness and Fitness in our Community





Who would have predicted that snail mail would become a great tool to keep our dancers /family/friends connected during times of physical distancing?

Not everyone is connected to email accounts or social media platforms.

We will be snail mailing our bulletins, messages of hope and our newsletters to some of our dancers.

They have grown to appreciate the socializing, exercise and friendship that square dancing has provided and even depended on the outing. We hope that sharing in this way will cheer them up.

Stay Safe!

Club News Grenville Gremlins

Valentines Day dance was a romantic warm evening enjoyed by many members of our club dressed in "red" outfits. It was accompanied by an array of delicious snacks and fruit. At the end of February we saw our President couple...Peter & Geraldine, and also our caller Geoff & Teena drive to warmer destinations for the month of March. Thankfully Harold & Wayne stepped in to take over their roles and the club ran very smoothly. Jokingly we said to Harold: "are you able to call as well". However thanks to Brian Crawford, he brought his calling talents to the floor, and everyone had a great time. We celebrated St. Patrick's Day early with a delicious pancake supper held on March 9th; thanks to many of the good cooks from our club and serving masters, we enjoyed the meal very much, followed by Brian's Irish music. Many dancers from other clubs joined our group for an enjoyable dance & pancake evening. It was a "full" house on the dance floor.

Several dancers from our club enjoyed the annual St. Patrick's dance in Cornwall with their lively lrish music, followed by a delicious Irish Stew supper. Later that same week a "square" joined the fun activities at Harbour Lites, and was able to retrieve their "banner".

However due to the serious Covid-19 virus spreading throughout the community, all square dance activities are postponed as of March 16th. Keep your distance and stay healthy.

Elizabeth Vingerhoeds.



Club News Harbour Lites

Report for March 30, 2020

Unfortunately, due to the circumstances weekly dances have been put on hold until further notice and many of the special spring dances have had to be cancelled. Let us continue to keep in touch with not only the members of our own Club, but those in other clubs and in our respective communities to support each other in this time of social-distancing. We miss our weekly hugs and visits each week but look forward to the time when we can all be together again.

Our Harbour Lites Executive meeting was held on February 1st in preparation for the Annual General Meeting held a couple weeks later. Old and new business was discussed and plans put into place for the next dance season.

February 12th was our Valentine's Day/Chocolate Delight evening ... needless to say with 3 types of chocolate for dipping a variety of foods, there was no reason for anyone not to feel special. Sporting something red, we all had a wonderful evening eating and dancing with our guests from Cornwall.





, the Kemptville Gremlins came to nab our banner at the St. Patrick's Day celebration on our regular dance night. Once again, there was food, lots of food with a green theme and decorations celebrating the Irish. Our caller, John Charmin, made sure that there were a few Irish tunes included throughout the evening.

On a final note just a few thoughts ...

- -Blessed are we who can laugh at ourselves, for we shall never cease to be amused.
- -Laughter is an instant vacation. Milton Berle
- -Take time to laugh for it is the music of the soul





Club News KANATA SQUARES

KANATA SQUARES LOSES ITS "LORD OF THE DANCE"

It has been a very difficult year for local square dancing with the loss of Paul Adams in November and then, for the Kanata Squares, the loss of our beloved Brian Stedman in early March.

Brian and his wife Brenda, of over 65 years, have been loyal supporters of the Kanata Squares and of myself as its caller. We first met Brian and Brenda during the summers of 2010 and 2011 when Richard Sharman, François Desmarais and myself were just beginning as callers in Richard's basement dance hall. They came each week and patiently danced to our often flawed choreography while always being encouraging. We must have been improving for they continued to attend. Then in 2013, I got to call at the Kanata Squares after Graham Ingram chose to withdraw due to illness. Much to our surprise and delight, Brian and Brenda, who danced at the Bay Waves, appeared at the door to bolster our small group.



From then on, they came every week except for when they made their annual trips to England to see family and friends.



Before long Brian became what we called our "Lord of the Dance" who greeted club members with his winning smile and warm personality. Having a great sense of humour, he encouraged the telling of a joke or two at the beginning of each class and would laugh whole heartedly when I was able to find a good one. The hardest part of my preparation each week was not necessarily the choreography but to find a joke or two that might be worthy of Brian. He charmed everyone.

In later years, Brian's health began to fail but he would not give up his square dancing. Over time, he no longer

had the stamina to dance himself but he knew his beloved Brenda loves to dance. He would bring her every week while he sat and looked after our mascot dogs, Josh and more recently Maggie. He even took Josh on weekends so that Hilary Shouldice, the dog's owner, could visit friends and relatives out of town. So you see he had an animal following as well as square dancers!

Brian's passing has left a huge hole in the fabric of our club for he embodied all that was good in human relations. He was a true gentleman, kind, unselfish, generous, courteous and charming while maintaining an individual style. We, the Kanata Squares, truly miss our "Lord of the Dance".

Dave and Marie Currie







Kanata News April 2020

With the abrupt end of our session due to the corona virus, we hope everyone is staying healthy and following proper protocols for not spreading the virus. Lots of hand washing and social distancing.

Despite our shortened season, we are very happy to say that our new dancers have completed the Basic Program and look forward to joining Mainstreamers in September. Hopefully, there will be an opportunity for them to continue to practice over the summer. Practice, practice, practice leads to amazing dancers!

Delightfully, both our Valentine's and St.Patrick's Day parties were enjoyed by all. Little did we know that our St.Patrick's celebration would also be our end of season celebration, We guess we had "The luck of the Irish. Lots of dancing, lots of fun, lots to eat, and both dances were very well attended.

We are happy to report that our afternoon dancing has been very well received and everyone is happy with the new time. (Thursdays 1:30-3:30 Dick Brule Community Centre) A decision will be made over the summer as to whether or not we will keep the same hours and we will be sure to let everyone know.

We look forward to seeing everyone in September and hope everyone has a great and safe summer.

Barb & Carol











LOCKITS Advanced Dance Club



Geoff & Teena Clarke



I'm actually writing this Club report for the April edition on Feb 23rd as the temperature is hovering around +6C with an even warmer day (+7C) forecast for tomorrow!! But, it seems that's going to be short lived as another dump of snow is expected to arrive on the 26th! And so another round of 'weird winter weather' as we once again bounce from cold to warm & back to cold again. Granted, it hasn't been THAT cold of a winter, but I'm one that would like it to be a consistent winter instead of these ups & downs!!:)

Yep, we're now in the "February blahs" period when most of us (certainly not the skiers) are getting fed up with winter & start dreaming about Spring & Summer, or at least "getting away from it all" to a warm destination? Sounds great?

Yes indeed it does, & that's what we're doing, leaving here in 2 days & heading to some warmer weather areas until Spring arrives here! And because we've gone south, until around April 1st, the LOCKITS club will not be dancing for all of March but will resume on Wednesday April 8th for A1/A2, with our last dance being Wednesday April 29th, just before the annual "Swing Into Spring" weekend!!

So if you'd like to drop by & dance with us, please feel free to do so. Our website will give you everything you want to know about our club including our dance schedule as well as some great pictures, videos etc. Check it out at: http://www.lockits.ca

You are always welcome to dance with us at any time!

Square Dancing IS all about Fun & Friendship – so come join us won't you?



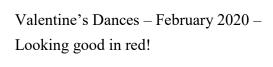
Club News Meri Squares

Like all square dance clubs, Meri Squares has sadly shut down operations until further notice...hopefully returning with the new dance season in September. We will all be keeping in touch through newsletters and emails and phone calls. It is a sad time ...BUT...we have lots of great memories of dancing and friendships and laughs to keep us going until we meet on the dance floor again!

February saw a great turnout in red and white for the Club's Valentine's Dances. Lots of the Meri Squares dancers also attended the Frosty Fling. Many came back from the Frosty Fling with a purple heart and stories of the ridiculous antics by dance leaders in the many squares they joined. Everyone, at all dance levels, had a great time! It was a wonderful introduction to EOSARDA dances for our new Basic dancers. Thanks to the organizers.

You can be sure that, as soon as possible, Meri Squares dancers will be back on the dance floor and out in the community encouraging others to join in the fun. As we all hunker down to ride out these challenging times, check out all the great pictures on the Merisquares.ca website and remember the good times. Lots more to come.....

Stay safe and keep in touch everyone! Submitted by Lamar Mason Vice-President

















Some of the Meri Squares at Frosty Fling-February 2020

Club News MISSISSIPPI SQUARES

Caller: Brian Crawford Brunton Community Hall 1702 9th Line Black's Corners (Carleton Place)

March 30, 2020

I hope this message finds everyone in good health and spirits!!

The Covid 19 has certainly upset the proverbial "apple cart"! Daily I marvel at the many creative ways our communities have rallied together to look after one another. So many acts of kindness, generosity and goodwill shown in these difficult and challenging times. Although distanced, family, friends and neighbours have grown closer together, looking out for one another, bringing out the best in people. Covid 19 has presented each of us with our own challenges.

Thank you to all of our Medical, First Responders, front line folks. You are all HEROES!!! Your tasks are daunting. For those of us who have been asked to social distance, our task is small. Modern technology has allowed us to Facetime our Families, group chat with our friends, read that good book, listen to music, enjoy the simple things in life.

"Sometimes the best thing you can do is not think, not wonder, not imagine, not obsess. Just breath and have faith that everything will work out for the best".

Until we can all Hold Hands and Circle Right!! Take Care, Stay Home and Stay Healthy!! On behalf of the Mississippi Squares

Gail Cameron

Club News Riverside Gypsy Squares

March 2020

The Riverside Gypsy Squares were able to get together one fine Sunday afternoon at the end of February. The weather was the nicest it has been for a few years for this dance. Pierre and I arrived a little late for most of the dancing but we were able to join in the fun with enough dancers to fill three squares and a few people were still able to visit and keep an eye on the dancers from the sidelines. Thank you to those who cued and called for the afternoon. We enjoyed a nice potluck supper before heading home. It was a nice chance to dance and catch up with our friends.

With Spring feeling like it might be on its way our thoughts are usually occupied with plans for our first Campout of the season. This year that date is set for the weekend of May 29-31st. It would be best if you are thinking of coming down to camp or dance that week-end that you contact Helen MacCallaum at helenmaccallum@sympatico.ca or phone 613-933-405 to endure that we are indeed meeting that week-end.

We camp at Happy Green Acres Campground, 2 Green Acres Rd. Mallorytown, ON K0E 1R0. We dance Friday and Saturday nights and enjoy a special event Saturday afternoons followed a little later with a potluck supper.

Hope to see you there. Mary Anne Reinhard

Mary Anne Reinhard 613 838 5781

The time spent on making progress reports restricts the time allocated for progress, so stability can only be achieved when all time is spent reporting on the lack of progress.

There are more important things in the world than money....but they won't go out with you if you don't have any!

Did you know that Limbo dancing was invented by a Scotsman trying to enter a pay toilet?

Club News Sunshine Squares

February – March 2020. It started very nicely. Regular caller Bob Summers took a two week winter vacation – very nice. Francois Desmarais called twice while Bob was away. We quite enjoyed his voice, calling, singing, jokes, personality. It was fun.

This year we changed things up no Valentines party; instead on Wednesday February 19 we celebrated Mardi Gras. Bob Summers dressed up and had us dancing and prancing to southern themed music. The cooks in the crowd provided a delicious feast of multicoloured King cake, fancy corn breads, spicy pecans, pecan pralines, cheese straws. The Pitruniaks brought beads and necklaces for all to wear and improve the holiday spirit. No trinket tossing or bawdiness ensued. This writer was slightly disappointed by the shortage of gold, green, and purple in the crowd but en-



vious of Janet's authentic Mardi Gras sweater. Many old friends joined us for a really good time.

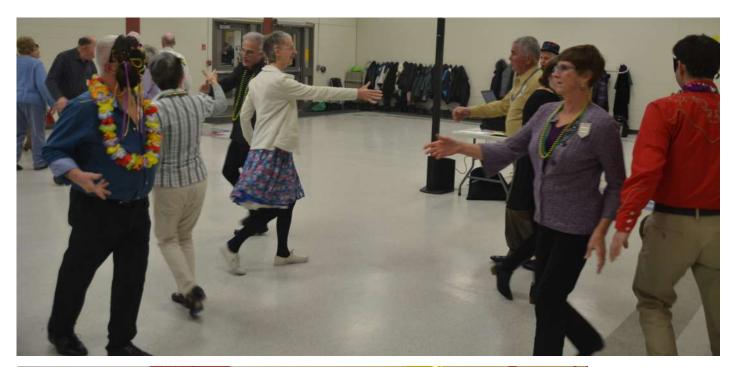
February 26 we cancelled. The weather was horrible, we were not guaranteed a square, and Bob has a long drive.

We danced twice in March. Robb did not come; Marguerite said he volunteered with old people and would not risk catching COVID-19.

Then the city closed Canterbury Community Centre because of COVID-19. Square dancing every-

where shut down. Two of our couples were vacationing in Portugal, scrambled back, and are holed up at home for two weeks. The rest of us are holed up too, perhaps less rigorously. Our AGM and our Windup party – cancelled.

The future is uncertain, but dancing again in September will be really sweet. We look forward to it.





Club News Swinging B'S

The Swinging B's hope everyone is staying safe and well at this stressful time. The COVID-19 virus has a hold on our wonderful country but we are all strong and united in this fight. We all miss our dance time together but thankfully we have Square Time to help us stay in touch and also reflect on happier times together. Regretfully many dance venues have been cancelled due to the necessary restrictions of social distancing. Rest assured that we will return stronger from this and with more enthusiasm.

After Christmas the B's returned Jan.10th to start regular Friday night club dancing. With Don Moger our regular caller away the B's had two very talented guest callers; Lynn Trepanier and Wendy VanderMeulen take his place. One Friday night went from regular to irregular when Wendy's equipment failed. Linda Lalonde a helpful member came to the rescue with music on her phone. Wendy adjusted and gave it a try. We had the most interesting night of dancing I have ever experienced since joining the club. From classical to Hillbilly Wendy kept us moving on the floor. One tip was done with another caller in the background which Wendy was able to override with her own calls. Everyone went home with great memories of laughter and ah. It was a fantastic time.

The B's were fortunate to be able to host two events before the COVID-19 virus took hold. Our Valentine Party was well attended by members and visiting clubs alike. Corry Lowden called and Margaret Thomas taught us a few line dances. Many of the dancers participated in both activities. Corry's style is always upbeat which everyone enjoys. Margaret shared her talent as she lead many through easy and challenging line dances.

A special thank you to all who made this dance party a big success.



The B's second party took place on March 8th; this fun St. Patrick's party is always well attended. From making Irish stew to finding the perfect hat, the B's all worked tirelessly. Putting on the Green was #1 priority for the day. Caller Brian Crawford and Line Dance Leader Fernande kept everyone busy on the dance floor.

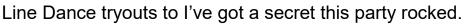




This style looked good on all those who choose to wear it.









B's thank all those who attended our galas this year and hope you are able to stay clear of the pending viruses out there. Remember to wash your hands and think happy thoughts. Hopefully we can all be together again in the fall and resume the joy and benefits of Square Dancing. Until then stay safe, stay well.

Submitted by Millie Chisholm for the Swinging B's

The Swallows are a Social Species!

Like most clubs, the Swallows are anxious to get back at it, already! Again, like most, we're a very social club and have lots of plans, if only the COVID-19 virus would go away!

We have plans to host the Boys and Girls Club at our annual Dinner/Dance and our Celebration Pot-Luck Dinner and Dance takes only a short time to organize and is always a good evening. Both will have to be cancelled as things are going. We had also checked with dancers and received a resounding YES about dancing for practice to recorded singing calls, into the summer. Last year we danced weekly until early August and then stopped the weekly events because we had our Tailgate Party and the Pembroke Live event both later in the month.



The Swallows and some friends have danced on the shores of the Ottawa and Petawawa Rivers, we've danced ON the Ottawa River (on a BIG pontoon boat), and we've danced on the beach and IN the water at Mink Lake....not to mention IN the snow in a few different locations!

Ever optimistic, we continue to plan for our annual Splish Splash Patio Party, and this year (if we can hold it) you're invited! We're hoping to hold in on June 20 (but may need to reschedule). We invite callers and dancers to spend the afternoon and evening dancing on the

shores of Mink Lake, outside Eganville. We share a pot-luck supper, dance a tip or two in the water and



this year, for the first time, we're going to try a tip in the 'bush'. Our hosts, the Jacksons, have a treed area on their property and we'll see how many squares we can get between all the trees! You'll receive a dangle for the first time you conquer each challenge! If there's a line dance leader in the crowd, we'll try that dance too!

Winter Wonderland 2020



If we are not able to gather to dance, we can call to keep in touch! A few of our members have some health problems that might make them more susceptible to this nasty virus. It's much more important that we are able to get together at some point, than that we dance right now. So, rest your feet, review the moves if you like, but stay in and stay healthy. We'll dance together soon enough!

Everyone, take care, Gloria Bateman



Summer Dancing - ??? Maybe!! – Hopefully!!

The following events <u>are being planned</u>. Please go to https://www.wendyandjohn.ca/calendar

Or

https://www.facebook.com/wendy.vandermeulen

for full details and confirmation if the events do go ahead.

Summer Basic and Mainstream Dancing Tuesdays, June 2 – August 18 –

6:30 – 9:30 PM (half Basic, half Mainstream)

J.A. Dulude Arena, 941 Clyde Ave., Ottawa

Summer Plus Dancing
Thursdays, June 4 – August 20 – 6:30 – 8:30 PM
J.A. Dulude Arena, 941 Clyde Ave., Ottawa

Picnic and Dance at the Winery
Sunday, July 12 – 2:00 – 4:00 PM
Stone Crop Acres Winery 5242
Smiths Rd., Morrisburg, ON
(Just north of the 401, off Bank St. (Hwy.31))

The Maine Event

Dance to Mike Dusoe and Al Hipkins of Maine!
Plus and Ph. 2/3 Rounds

Tom Brown Arena, 141 Bayview Rd., Ottawa Saturday, August 15 – 7:00 – $9:30\ PM$



A message from the Swing into Spring Organizing Committee

Since having to cancel SiS 2020, the Organizing Committee has been working hard at getting 2021 up and running. So far, we know that Gary Winter is coming back to call for us - we ALL enjoy his calling and singing very much – and Round Dancers will be happy to hear that JL and Linda Pelton will also be coming back. We're working to confirm a second Caller and be sure that we will let you know as soon as we have him/her booked (keep an eye on our website – www.SwingIntoSpring.ca – or our Facebook Page – www.facebook.com/PrescottSIS). There are other details that also need to be worked out, but we want to let you know some exciting news about the Program and the "Early Bird" Registration first.

PROGRAM -

We've made a small addition to the program that we think many of you will like: an Introduction to Line Dancing! Line Dancing has actually been a part of EOSARDA for a long time and, recently, it has been included in a couple of Seaway Valley club dances. So, it's time to let everyone know what it's all about! The session will take place on Sunday morning, 9:30 – 10:40 and will be followed by our normal Introduction to Round Dancing. The Line dancing session will be ably handled by our very own Dave Western. The Round dance session be in the capable hands of our cuers for the weekend, JL and Linda Pelton.

You can find a copy of the program on our website by following this link:

http://www.eodance.ca/flyers/SwingIntoSpringFiles/SIS Program.pdf

EARLY BIRD REGISTRATION –

Those of you who have attended Swing into Spring in the past know that we offer an "early bird" registration if you register for NEXT YEAR's event at THIS YEAR's event. Well, there is no "THIS YEAR's event", but we still want to offer the special. How does it work? It's easy – register for Swing into Spring 2021 BEFORE May 3, 2020 (which would have been the last day of SiS 2020) and get your discount! \$5 off per person for those who register for the Full Weekend or for Saturday and Sunday. Take advantage of this deal and get your registrations in early. We are really looking forward to an awesome weekend in 2021.

You can find the registration form on our website by following this link:

http://www.eodance.ca/flyers/SwingIntoSpringFiles/SIS Registration.pdf

We hope you'll attend!





&



Present

Harvest Hoedown

Saturday, October 24 2:00 to 4:30 pm 10.00 Advanced, 12.00 at the Door

North Grenville Municipal Center 285 CR44, Kemptville ON Just south of Hwy 43



Callers

Geoff



&

Brian

Clarke

Crawford

For Information Contact:

Pat Gauthier 613-410-7977 pat@websupport4u.com

OR

Janet Lockyer 613-774-5033 billandjanet1246@gmail.com

2 Halls: Basic & Mainstream, Plus & Advanced Dress like an old style Farmer. Best Male & female costumes win a prize.



Square Dance Clubs

Bay Waves

Basic/MS Friday 7:30pm - 10:00pm Northwind Community Centre 262 Len Purcell Dr, **Constance Bay** Caller: Ron Gardner Contact: Ron Gardner 613-878-7712 bay.waves@live.ca

Charmin' Promenaders

Plus Wednesday 7:15pm - 9:30pm Seaway Senior Citizens' Club 506 Pitt St (at Fifth), Cornwall Caller: Wendy VanderMeulen Contact: Wendy VanderMeulen 613-987-2711 wendyv@sympatico.ca

Crazy A's

A1 Friday 7:30pm - 10:00pm St. Mark's Anglican Church 1606 Fisher Ave, Ottawa Caller: John Charman Contact: Wendy VanderMeulen 613-987-2711 WendyV@sympatico.ca

Glengarry Tartans

Beginners + Basic at every dance Most Sundays Check schedule 2:00pm - 4:00pm Usually La Fraternité Hall 49 St Paul St, Alexandria Check Schedule Caller: François Demarais Contact: Carole & Bernie Lauzon 613-931-1783 clauzon55@sympatico.ca

Grenville Gremlins

Basic/MS/ with Plus Tips before and after Monday 7:30pm -North Grenville Municipal Centre 285 County Road #44, Kemptville, ON Caller: Geoff Clarke Contact: Peter & Geraldine Matthews 613-258-3690 kemptvillesquaredance@gmail.com

Harbour Lites

Basic/MS Plus Teach Wednesday 7pm - 9:30pm Presbyterian Church Center & Dibble Streets, Prescott Caller: John Charman Contact: Gerald & Marlene Casselman 613-652-4232 gm.casselman@gmail.com

Kanata Squares

Basic/MS Thursday 1:30pm - 3:30pm Dick Brulé Community Centre 170 Castlefrank Rd, Kanata Caller: David Currie Contact: David & Marie Currie 613-521-5292 david.currie@sympatico.ca

Limestone Dancers

Plus/Advance Monday 7:00pm - 9:30pm Polson Park Public School 165 Robert Wallace Dr. Kingston Caller: Dave Hutchinson Contact: Bill Bryan billbryan4@hotmail.com

Limestone Dancers

Basic/MS Thursday 7:00pm - 9:30pm Polson Park Public School 165 Robert Wallace Dr, Kingston Caller: Dave Hutchinson Contact: Bill Bryan billbryan4@hotmail.com

Lockits

A2 A1 Wednesday 9:30am - 12:00am Brunton Community Hall 1702 9th Line, Beckwith (Carleton Place) Caller: Geoff Clarke Contact: Geoff & Teena Clarke 613-724-8438 caller.geoff@bell.net

Meri Squares

Basic/MS Tuesday 7:30pm - 9:30pm Westminister Presbyterian Church 470 Roosevelt Ave, Ottawa Caller: John Charman Wendy VanderMeulen

Contact: François Desmarais and Barb McLellan

613-798-9163 francoisd2@rogers.com

Meri Squares

Plus Thursday 7:30pm - 9:30pm Westminister Presbyterian Church 470 Roosevelt Ave, Ottawa

Caller: John Charman

Contact: Francois Desmarais and Barb McLellan

613-798-9163

francoisd2@rogers.com

Mississippi Squares

Basic/MS Tuesday 7:00-7:30pm Full MS 7:30pm - 9:30pm B/MS Brunton Hall 1702 9th Line, Blacks Corners (Carleton Place) Caller: Brian Crawford Contact: Vince and Debbie Guthro

613-257-2480

Mississippi Squares

Plus, Plus Teach, Rounds 2x/month Friday
7:30pm - 10:00pm
Brunton Hall
1702 9th Line, Blacks Corners (Carleton Place)
Caller: Brian Crawford
Contact: Vince and Debbie Guthro
613-257-2480

Montreal Acey Deuceys

A2/C1

C1 Teach Mon/Thurs call for locn & times
Pointe Claire, Quebec
Montreal, Quebec
Caller: Don Moger
Contact: Avena Smolkin
514-744-6097
avena@videotron.ca

Napanee Pioneers

Basic/MS/Plus Friday 7:00 pm Southview Public School 18 Golf Course Lane at Cty Rd 8, Napanee Caller: Dave Hutchinson Contact: Muriel Brough 613-354-4595 brough@kingston.net

Ottawa Date Squares

Basic/MS/Plus

LGBT friendly Wednesdays 6:30 pm - 8:45pm Room 202, Jack Purcell Community Centre

320 Jack Purcell Lane, Ottawa

Caller: Mark

Contact: Jean-Marc Robichaud

613-424-2992

OttawaDateSquares@gmail.com

Quinte Twirlers

Basic, MS, Plus, Lines Wednesday 6:30 Line Dance

7:00pm - 9:30pm Harmony Public School

Belleville

Caller: Dave Hutchinson Contact: david dunham 613-403-2882

quintetwirlers@gmail.com

Riverside Gypsy Squares

MS/Plus/Rounds May/Jun/Jul/Aug/Sep Every 4th Weekend (Fri/Sat/Sun) Check Schedule Various times Happy Acres Campground 2 Green Acres Rd Brockville

Caller: Various Callers and Cuers Contact: Mary Anne Reinhard 613-838-5781

mareinhard@sympatico.ca

Saturday Squares

No experience necessary Saturdays Check Schedule Tom Brown Arena 141 Bayview Rd, Ottawa (at Scott Street) Caller: Wendy VanderMeulen Contact: Wendy VanderMeulen 613-987-2711, wendyv@sympatico.ca

Skirts n Flirts

Basic/MS/Plus Friday 6:30pm - 9:00pm Canton Central School, Banford Elementary School Cafeteria 99 State St, Canton N.Y Caller: Bob Brown Contact: Alan & Sandy Brown 315-543-2175 sadushbrown@gmail.com

Stone Bridge Squares

Basic/MS Friday 7:00pm - 9:00pm Mother Theresa School 1035 Concession St. Russell Caller: Bob Summers Contact: Dean & Shirley Benson 613-445-2073 dsbenson99@rogers.com

Sunshine Squares

Plus Wednesday 7:00pm - 9:00pm Canterbury Community Centre 2185 Arch St, Ottawa Caller: Bob Summers Contact: Doug Bennett & Laura Johnson 613-730-0002 douglas.bennett2@sympatico.ca

Swinging Bs

Basic/MS/Plus/Rounds Friday Class 7:00pm -8:00pm 8:00pm - 10:00pm Knox - St. Paul United Church 800 Twelfth St E, Cornwall Caller: Don Moger **Guest Callers** Contact: Helen MacCallum hm: (613) 933-4025

cell: (613) 330-4873

helenmaccallum@sympatico.ca

Swinging Swallows

Basic/MS/Plus Thursday 6:30pm - 7:00pm Plus 7:00pm - 9:30pm B/MS/P Wesley United Church Hall 275 Pembroke St E, Pembroke Caller: Francois Desmarais Contact: Andre Blais 819-689-5487 andre.cathy@hotmail.com

Village Squares
Basic/MS Wednesday 7:30pm - 10:00pm
Roy C. Hobbs Community Centre
109 Larch Ave, Orleans Caller: Paul Adams Contact: Bob and Gabrielle Forsyth 613-833-2601 gandbforsyth@bell.net

Round Dance Clubs

CAPITAL CAROUSELS

Parkdale United Church
429 Parkdale Ave
Phases 3 to 5
Monday 10:00am 12:00pm
Phases 3 to 4
Thursday 10:00am 12:00pm
Contact: Gavin Currie 613.739.9593
president@capitalcarousels.ca
www.capitalcarousels.ca

LIMESTONE DANCERS

Ph 2, 3 + Beginner Wednesday Beginners: 7:00pm Intermediate: 8:00pm Poison Park Public School 165 Robert Wallace Dr, Kingston Cuer/Contact: Susan Connors 613.634.3384 susanhenden@hotmail.com

Stepping Out Rounds

Ph 2-3 Teach + Beginner
Friday
2:00 - 3:30 pm Teaching New Dancers
3:30 - 4:30 pm Teaching and Dancing Experienced Dancersy
St. Mark's Anglican Church
1606 Fisher Ave., Ottawa
(South of Baseline, at Normandy)
Cuer: John Charman
Wendy VanderMeulen
Contact: John Charman
Wendy VanderMeulen
613-987-2711

Line Dance Clubs

Capital City Lines

Beginners

Mon 1:00pm-2:00pm

Alexander Community Center 960 Silver Street, Ottawa

Caller: (AJ) Diane Poulton

Contact: Diane Poulton 613.729.4974

clogger13@sympatico.ca

Capital City Lines

Beginner plus

Mon 1:15pm-2:15pm

Alexander Community Center 960 Silver Street, Ottawa

Caller: (AJ) Diane Poulton

Contact: Diane Poulton 613.729.4974

clogger13@sympatico.ca

Got Lines - Line Dancing - Richmond

Tuesday 2:30 pm - 4:00 pm

Easy Lines 2:30 - 3:00 pm

Beginner/Improver 3:00 - 4:00 pm

Upper Hall, Richmond Arena

6095 Perth Street

Richmond

Instructor/Contact: Dave Western 613 838-5428

dlwestern@yahoo.com

Got Lines - Line Dancing - Stittsville

Thursday 7:00 pm - 8:30 pm

Easy Lines 7:00 - 7:30 pm

Beginner/Improver 7:30 - 8:30 pm*

*Includes optional, complimentary Intermediate Line Dance program 8:30 -9:00 pm

Upper Hall, Johnny Leroux Arena

10 Warner-Colpitts

Stittsville

Instructor/Contact: Dave Western 613 838-5428

dlwestern@yahoo.com