

SQUARE TIME

Eastern Ontario Square and Round Dance Association



Square Time Edition 66.3 October 2020

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Submissions to Square Time

We welcome letters, articles, advertisements and almost anything dance related! Each member club is encouraged to send us their news, and tell us about themselves. Separate text and pictures, please. Text is reformatted to present a uniform appearance and any pictures will have to be extracted. Please send them to SquareTimeEditor@gmail.com.

Next issue...

The next issue will be on December 2020. The deadline for submission is November 30th.

Advertising in Square Time

To advertise in Square Time, please send a PDF file to the editor indicating the size the advertisement is to be (full page, half page etc.). Advertisements will not be reformatted, other than to fit the space.

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Message from the President

In March dancing of all kinds was shut down for an indeterminate period due to COVID-19. At that time we were hoping that dancing would resume by May - June at the latest. If not surely we would be dancing again by September?

That didn't happen.

Now, seven months later, faced by the possibility that our health care facilities could be overrun by a second wave of COVID-19, a dance start up in January or February of next year seems increasingly unlikely. A more probable date - if we can get a safe, effective and widely available vaccine - seems to be next September.

Next September!

That's an awful long time to wait. Isn't there something we can do to get back dancing earlier than that?

With the exception of trying virtual dancing, the short answer is "No".

We can and must all do our part to help fight the pandemic by fully respecting all Public Health Guidelines at all times. That will help to slow down the spread of the disease but it won't get us back on the dance floor.

The reality is that in the age of COVID-19, dancing of all types is a risky undertaking.

- it takes place indoors in rooms that are often not well ventilated;
- it involves a number of unrelated individuals in close contact with each other;
- its aerobic nature means that the spread of droplets of moisture is facilitated;
- depending on the dance type, physical distancing varies from difficult to impossible;
- most of us cannot abide the idea of dancing while wearing a mask; and
- the age of many of our dancers puts them in a high risk category

Life under COVID is drab, uneventful and boring. We all want to get back on the dance floor. We miss the physical and mental challenge, the social interaction and the fun. We long for a return to some semblance of normality. But dancing is not worth dying for.

COVID-19 is highly infectious, and potentially fatal. World wide, millions of people have contracted the disease and over a million have died from it.

COVID has been particularly devastating for the elderly and those who are immuno-compromised, but it has killed people of all ages, some in apparent good health. Even when it doesn't kill outright, it can leave its victims struggling with debilitating long-term effects which do not responding well to treatment. And its not going away any time soon.

I know that many of you are chomping at the bit. You want to dance again and soon. You miss your friends, the social life of your club. I do too. But please be patient.

We will dance again - but not yet.

We will socialize again - but not yet.

We will travel again - but not yet.

We will laugh together again - but not yet.

For now, do your part. Limit your social contacts, practice physical distancing, wear a mask when social distancing is not an option, wash your hands frequently, get the flu shot and - once it is available - get the COVID-19 shot too.

Stay safe and stay well and I will see you on the dance floor again.

Dave Western

President

EOSARDA

Message from the Editor

I was beginning to think that I was out of a job . It has been a hard time for many folks. I am thankful that we live in a small community. It is so much easier to go for a walk, shop or whatever. In fact with most things I do on hold, I have spent a lot of time doing things around the house. My wife and I have spent a lot more time together.

A lot of dancers are lonely, stuck at home. Help by staying in contact with other dancers you know. Give them a friendly call or e-mail. Keep the social aspect going. It just might make someone's day.

I certainly am missing dancing. It seems like forever. Margaret can no longer dance, so virtual dancing is a problem for one. However, just listening to the calls is helpful and sure brings back happy days. The cover picture shows Wendy VanderMeulen calling for a virtual square tip on Zoon. She and many other callers are doing the best they can during the pandemic.

This version of Square Time will not be printed. Go to the eoDance web site to collect your copy. Visit eodance.ca select More, then Square Time. We will be publishing another issue in December. You don't have to be the club scribe to submit something; lets hear stories of pandemic life. Perhaps even a favorite recipe. Perhaps you have an opinion on something that is dance related. Have a comment on Square Time? Send it along.

We get letters, well one anyway!

Gerry,

This is a great initiative. I'm glad you have suggested this.

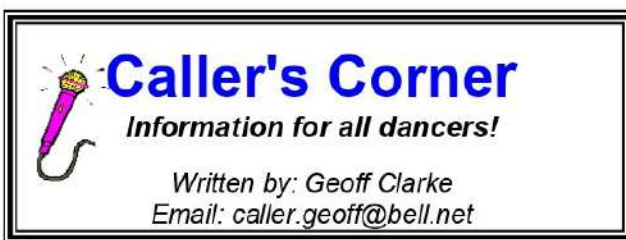
So far I, personally, have greatly enjoyed Wendy's virtual dances. Having no partner anymore, nor having "phantom" partners, make it a bit confusing for me, but it's totally worth it. It keeps the lingo current and allows me to move around, even if I am not really sure what I am doing.

Meri Squares is still an active club, virtually. We all know members of the new executive team, and what their goals are, for the current season.

I am also in contact with two other clubs and thus know events happening there, as well. Boy, do I miss Square Dancing!

Best of luck with your initiative, Gerry!

Dora Boersma



SOMETHING NEW for my regular column because we're not living in **NORMAL** times these days & by the time you read this we have not been dancing for the last 6-7 months and your **CALLERS** have not been calling (most of us anyway)!

So when Gerry was thinking about the possibility of publishing a Square Time magazine for this fall (even though we're not dancing), I 'wondered' what you, the readers, would be interested in reading about? We've all been 'stuck in the house' for so long finding things to do to keep us busy - cleaning up, rearranging things, doing those projects we've been putting off for 'some day'; etc., and so that's when I thought - "Perhaps the dancers would like to hear what their Callers have been doing during these very challenging times?" Maybe?

I reached out to all of the EOSARDA Callers and asked them to 'tell us what you've been up to these days?' Following is the feedback that I've received and they're captioned with a photo (no names – you know them all)!. Oh yes, the first one of course is "myself"!! I hope you enjoy reading about us!!



Well Teena & I scrambled back from Florida near the end of March after all Canadians were "recalled home"! It was a very interesting journey north with restaurants only open for 'take out' and hotels with very stringent rules in place. We decided to make it 'as quickly as possible' and we found ourselves in a one hour line-up at the border. Because our car was 'jammed full' with stuff we were bringing home (having sold our place in Florida), we anticipated a lot of questions... but nope, only one, "are you well?". After saying yes, it was 'welcome home & quarantine for 14 days" (CBSA handed us a single sheet of paper), and that was it - March 20th!

Since then we've kept ourselves quite busy with multiple clean-up & re-arrangement projects around the house as well as a new deck constructed in the backyard (once I found all the lumber!). For the first couple of months we really didn't see anyone, staying home most of the time with family bringing in groceries etc. As time wore on, we started to venture out (by car) strictly to break up the monotony & getting some fresh air & sunshine! But we remained safe & well and of course practiced all those 'rules' that we're so used to now! Family members 'visited' on occasion spending an hour at a time in our outside gazebo or on the front porch, which leant itself to a safe and convenient venue! We even had a few close friends visit for coffee, drinks, munchies, etc. which was great. It's been REALLY HARD though that we can't even hug our own grandkids when they visit! But, they still continue to 'drop in' for short visits, face masks and all - so great!!

It's now Fall & usually we're quite busy getting ready for the Square Dance season (Gremlins & Lockits) as well as starting up with our regular weekly bowling - but sadly not this year! Yes, like you, we'd rather be dancing (& calling), but until it's safe to do so (ie: vaccine), we're just going to have to be very patient as we all work together to ensure that we all stay safe and well! Hopefully we'll see you all again on a dance floor real soon!!



Square Time Issue 66.3 (Oct 2020)



We started off at the start of the pandemic with She Whom Must Be Obeyed (SWMBO) working from home three days a week. Then she stopped working a few weeks later. So then things went downhill fast.

SWMBO decided that we should paint the trim in the house. So here I was crawling round the floor sticking tape on the walls and floor. Painting the trim and then crawling around on the floor again removing the tape.

That done I thought was finished, Oh no, SWMBO decides that we should wash the walls, who ever heard of washing walls? But first I should cut the grass. So had to move all the furniture, wash the walls and then put the furniture back.

Are we finished? SWMBO said it's time to cut the grass again. Oh by the way, the two decks need cleaning. Had to clean using a cleaner and then sealed the wood. By the way, time to cut the grass again.

Then, SWMBO said I need a small table so I can sit on the deck and work. So into the workshop to create a table. Oh it's time to cut the grass again.

Then SWMBO decided that she needed some new jewelry to match some new clothes. So made several set of stuff. Then it's time to cut the grass again.

So the summer went by, who knows what will be the next thing on the list. Oh yes I do, cut the grass!

I've certainly managed to keep myself busy during this "time off" from dancing – and a lot of it IS square dance related (Are you surprised?).

- The biggest thing has been going through all my music files: cataloging them by record label, genre, original artist, and the year the original song came out.
- EOSARDA, Meri Squares, and Swing into Spring meetings have helped to fill some evenings and afternoons.
- Participating in and organizing several Virtual Square Dances has taken a *lot* of time.
- As a CALLERLAB member, various online committee discussions have crossed my desk on regular occasions.
- As Chair of the CALLERLAB Public Relations Committee, several projects continue to require my attention.
- And, of course, thinking ahead to when we can dance again and what form that dancing should take – and whether different ideas that are being presented could be implemented here – has been on my mind a LOT.



Thank goodness I retired at the end of May so that I CAN spend so much time on this subject that I love so much. And, also because I'm retired now, I have time to do more general stuff. It sure is nice to be on my own schedule, so I can do what I want when I want.

- I start a lot of my mornings with a walk. I try to get out 4 times a week, weather permitting. Two of those times, I walk 10 km or so; the other two times, I walk around 6 or 7 km and then I

go to the gym. After 2 hip replacement surgeries in the last 30 months, it feels good to be so physically active again. Can't wait to add dancing to that regime!

- I play games on my phone – mostly word games, to keep my mind sharp.
- A few months ago, I decided I wanted to learn something new in my retirement – also to keep my mind sharp – so I've been trying to learn French. Not much progress on that yet! I need someone to converse with, because learning verb forms and nouns just isn't cutting it.
- John has been the official cook in our home for about 15 years, but now that I'm retired, I've started doing some cooking too. I actually enjoy being back in the kitchen!
- And gardening, reading, and watching Netflix also help to fill my days.

I have not been bored!



I hope this Square Time issue finds you all in good health. March and April saw a big change what Marguerite and I could do: no dancing, no curling, no church, no choiring (is that a word?). Take-out food seemed to be our one pleasure and shopping was limited to essentials – after waiting to be allowed into the store.

Since then, with various relaxations of the rules, things are much closer to normal. The biggest nuisance is now being the need to wear masks and those damn directional arrows on the store floors. Gatherings are still a way off.

Marguerite and I are very fortunate. With two of our families in the Ottawa area, we had two bubbles going: one in Kanata and the other in Kemptville. Sadly the long awaited visit from the "six" in Calgary had to be cancelled, so I still haven't met my youngest granddaughter who was born a year ago.

Living on an acre property in Kemptville, it wasn't too hard to keep busy. There was always an hour or two of lawn moving each week and Marguerite and I took more walks through the subdivision and had a few "6-foot teas" with neighbours, etc. I built a small deck for the BBQ next to our main deck and then rebuilt the front steps totally and re-surfaced the front porch.

There were a lot of baseboard mouldings and doors left still to paint from a major house painting done in February so I took my time, working only for a few hours a day, making sure to save some work for the next day's "recreation" so I wouldn't get bored.

One Saturday was spent helping move the Riverside Gypsy Squares out of their previous camping home near Mallorytown; the new location will be the Lower Beverley Lake Park in Delta, Ontario. And as always, there's never ending updates and improvements to eoDance.ca to keep me busy. A major project was to convert Dave Hutchinson's quizzes into interactive versions where you can check your answer on the same page as the questions; it took a few days of coding but I learned a lot and the effort seemed worth it for results.

I had thought that with all this free time that I would start exercising more (Nope), sort thru and clean up all the choreography strewn around my basement (hmmm, maybe a little), and perhaps even have time to master playing the piano (Hah! Never was any hope in hell about that). Definitely more TV watching (I have a poor memory so the reruns are fine with me) and I missed perhaps every Zoom seminar that I thought I might like to watch (again, memory, oh well, sigh).

Here's hoping that we all slowly climb back out of our fox holes as time progresses. Stay safe everyone. Until we meet again...

Square Time Issue 66.3 (Oct 2020)



Well, the problem during a pandemic is that we are following the protocol and doing nothing noteworthy. In the first couple of weeks of lockdown we spent our time working on long neglected jigsaw puzzles and rediscovered why we had not done them before.

Marie got into mask production for us so that as the weather improved we ventured more outdoors. Then we got a new roof installed and painted the house. That took a couple more weeks of time. In off hours we read and read and read. We miss our family who are either in the States or in Vancouver and so we have formed a bubble with our neighbours and that has really been nice.

Our main concern through all of this following my mild stroke last December, was trying to get the required forms from the various medical professionals so that I could get the medical suspension on my driver's permit lifted. The optometrists were not seeing anyone (no pun intended) until August and all doctors were and are only granting virtual appointments when I needed in person meetings so that I could get forms signed. I finally got two out of three sets of forms completed but the third is proving really challenging. Total frustration on this front. Needless to say that square dancing has not been a major concern this summer but we do miss our club and the fine people who make up the square dance world. We look forward to meeting once again post vaccine.

It is safe to say that 2020 has been a very unusual year for all of us, the one thing that we have in common is that we are unable to dance at this time.

For those who may not know I suffered a severe concussion on March 22 of this year, it was just a slip on the ice that resulted in me losing consciousness. I recently have been able to return to work in a reduced capacity beginning at the end of August.

Because of the symptoms of my injury I haven't been participating in any of the virtual dancing events.



Amy has been well and continued to go to work during the pandemic, her office is on the second floor of the bank and they have been able to keep all of their customer interactions virtual.

On a positive note Amy and I are honoured to have been awarded the Trillium Merit Award, we have very much enjoyed our Square Dance adventure. We began our dancing career in 1991 and then transitioned into Calling a few years later.

Hopefully we can all come together soon to share the activity that we love but more importantly we all need to stay healthy and safe.

Club News Crazy A's

A1 and A2, Ottawa

By Wendy VanderMeulen

How many of you have tried the Virtual Square Dancing that is such a big hit right now? It's not easy – even at Mainstream and Plus! So think of how it is at Advanced. It's been good to see some of the Crazy A's on the Zoom sessions, and they'll be the first ones to tell you that it really isn't easy. But Boy! does it ever feel good when you do get it right! And it's good practice. There are so many calls that only take 4 people, and if 2 (or 3!) of them are phantoms, it's a good test for knowing YOUR part of the call. So, kudos to those who tried!!! Here's a comment from one of them:

- ♦ We are trying our hand at virtual dancing...difficult but I really want to remember the calls.

And that's what it's good for, even if the dancing is not 100% successful – at least it keeps the names of the calls in your mind. Remembering the name of the calls will make it easier to get back to dancing after such an extended break. But, it's not for everyone, and here's what else has been happening in the lives of the Crazy A dancers:

- ♦ We have been doing a lot of walking. (*I've heard that from many people, not just Crazy A's – quite simply, it's great replacement exercise.*)
- ♦ We are finally able to get library books and so it has been little less boring.
- ♦ We spent 6 weeks at our cottage doing repairs (*another common thing to do*) and relaxing, then went camping for two and a half weeks with some square dance friends. We did some geocaching while we were together. The Riverside Gypsies met for a weekend at our proposed new home at Lower Beverly Lake in the village of Delta. There was no dancing but we did have a social distanced corn roast. We are now back at our cottage. Occasionally we play hearts on [our smart] phone with some out of town friends.

Remember, every day is one day closer to the end of this! See you then!!!

Club News Charmin' Promenaders

Mainstream and Plus, Cornwall

By Wendy VanderMeulen

We've been doing pretty good at keeping in touch with each other: emails being the most common means, of course. But some members have also managed to see each other from time to time, meeting for coffee and – more recently – breakfast. So far, all have remained healthy ... at least as far as COVID goes! The spouse of one member had a fall and has spent time undergoing therapy, and two members spent some time in the hospital for surgery. All are in good humour and recovering nicely.

In order to keep busy during this no-dancing time, there have been a variety of experiences shared by our members. Here are some of them:

- ♦ I have been camping all summer as I have access to a trailer so life is not bad at all. We have fires and dinners and games.
- ♦ We have been pruning trees on our property, cleaning up some dead fall, and getting in some walking. We've also been listening to our usual CBC radio programs; for some humour we have been listening to summer reruns of Stuart McLean's "The Vinyl Cafe".
- ♦ We have been dancing Advanced virtually with Don Moger now for 5 or 6 weeks. It is becoming easier to dance with phantoms than at the start.
- ♦ We have been going down to the river every day that we can. We make a picnic lunch and sit under the shade of a tree watching the boats coming and going.
- ♦ We have been walking for exercise, phone calls to friends, and lots of house cleaning (*I heard that from more than one person!*).
- ♦ We go for a drive almost every day. Just a short one to get out of the house. We have discovered some parts of town we've never seen before – including some beautiful houses!
- ♦ I've been spending more time with my granddaughter, teaching her how to cook and bake. Unfortunately, because of that, my weight has gone up. (*I heard a lot of that from various people, too – not just Charmin' Promenaders! □*)

Of course, we're all super anxious to get back dancing and, as a small club (1 ½ squares), we might be able to get back sooner than some others. We patiently wait for that day ...

Club News Capital Carousels

Capital Carousels' proposed protocols to safely resume round dancing during this pandemic have been reviewed by Ottawa Public Health, who approved them but also warned that there are still always risks associated with it. However, we will not be dancing for the foreseeable future anyway, since many of our members are still reluctant to risk it. Also Parkdale United Church was not interested in renting their hall to us, which made sense to me. It has a kitchen, stage, all-wood walls, and a massive wood floor, just perfect for dancing. Not knowing which areas we might have touched, the prospect of having to thoroughly disinfect that huge area every week, when we have only rented the hall for two hours, must seem daunting and not worth the amount we can afford to pay.

Unfortunately, the next order of business is to announce that our annual Capital Caper, usually held in October, has been canceled. Hardly a surprise as the COVID-19 pandemic has canceled so many group activities... but we just need to make sure no one turns up here that night, expecting to dance, so please spread the news far and wide.

How have Capital Carousel dancers spent the ensuing months?

Covid-19 began to be taken more seriously in the colder months, around March, during which two neighboring couples had relocated to warmer climates in the U.S. for the winter, as usual. Listening to the U.S. media, they remained unconcerned about its risks, but one daughter and son-in-law were hearing quite different accounts in Ottawa and desperately tried to convince them to cut their visit short, especially as borders were sometimes closed without warning. They countered with the argument that Canada could never refuse to let them back in since they were Canadian. When they finally returned, into self-isolation, they complained that they were more scared of the situation in Canada than they had ever been in the U.S. The second Canadian couple returned maybe a week later, but by then they were being quarantined instead, which had much more severe penalties if not properly observed, and this couple had no one to stock up on food and supplies for them ahead of time. The daughter and son-in-law of the first couple helped them out too, making sure they had the necessities during their long quarantine. Sometimes adversity brings us closer together ... people helping people.

One retirement community started a TGIF tradition, in which the residents sat in chairs at the end of their driveway and raised their glasses for a toast every Friday at 4 pm. This eventually developed into small social-distanced clusters of neighbors sitting and talking for an hour or more, weather permitting.

Some epidemiologists had maintained that an epidemic was inevitable. One dancer had a such a persuasive feeling it was coming, that she stocked up on N95 masks years ahead, which enabled her to provide the exact number to her extended family at the beginning, when there was not a mask for sale anywhere.

One of our members amused us all twice with a series of captioned photographs that provided a much-appreciated chuckle when we most needed it. There are online demos and teaches of all our favourite Round Dances to encourage us to retain and update our skill levels, at our own pace and a convenient time, as couples or studying them alone. Many of our round dance club also square dance, so they were able to take part in John Charman and Wendy VanderMeulen's wonderful Virtual Square Dances over the summer. On Saturday, October 3rd, there was one that also contained Round dancing!!

And we used online meeting software such as Webex or Zoom to allow Capital Carousels members to keep in touch, share news, and connect with each other risk-free. One video-chat event found me able to hear (but not see) the interaction of all the others on my plugged-in land-line phone, since it had no camera. The members using computers with cameras apparently saw a Brady-Bunch collage of all the participants. The person currently talking would be highlighted, while the telephone participants appeared only as a full-frontal silhouette. I look forward to the possibility of more video-chats in the future. Until we social-distance to the sound of music once more, stay safe and happy!

Linda Shannon

Club News Harbour Lites

Our Harbour Lites family last met in mid March when the coronavirus virus surfaced in our area. Club members have kept in touch with phone calls and social distancing visits wherever possible. Obviously we all miss squaredancing together but also the personal visits and the many hugs that each of our regular evening dances afford. Thank you to all who are attempting to keep us together through social media whether it be virtual dancing, through Club websites, Facebook etc. At this point Harbour Lites hope to be able to start dancing together again early in 2021 but just like everyone else, will wait to see what the future holds. In the meantime know that all our members both Canadian and American are sending our squaredancing friends best wishes for good health until we meet again.

Brenda/Russell Bennett



Club News Kanata Squares

We were really happy to hear there would be an October issue of Square Time Magazine, providing us all an opportunity to touch base.

From the feedback we received, everyone is keeping well and looking forward to returning to dancing when the time is right. Although times have been challenging during these past few months, there is some very good news we would like to share.

A big congratulations goes out to one of our long time dancer's, Al Grunder and one of our newer dancers, Heather Dudley, who became engaged over the summer. Everyone at Kanata Squares would like to wish them every happiness and we look forward to seeing them on the dancefloor together once we are able to resume. (Insert Photo of couple and the Engagement ring)



Hertha Stuart, another long time Kanata Square dancer, is proud to announce the birth of twin great-grandsons in May, making her a great-grandmother of nine! Hertha has managed to stay active with lawn bowling three times a week and like many others at this time of year, keeping up with the yard work.

As for our fearless leaders, Dave and Marie, they are doing well and like many of us, have been busy with home maintenance projects, reading and unfortunately, more walking than dancing.

We also received some good news regarding our former Mascot, Maggie, a beautiful golden lab. Some of you may recall Maggie, a support dog, was being fostered by our dancer Eileen Thomas until she was ready to be placed in her permanent home. Happily, Maggie has been matched up as a buddy dog with a young lad in Calgary. What a lucky, lucky boy!



We would like to leave you all with a picture of Kanata Squares, taken unknowingly then, of the last time we all danced together.

Till we meet again!

Barb & Carol



LOCKITS Advanced Dance Club

Geoff & Teena Clarke



Certainly this Square Time edition with our LOCKITS Club news is going to be entirely different than any other one in the past. This is, of course 2020, and the year(s) of the pandemic which has brought Square Dancing to a screaming halt, not only here at Lockits, but throughout the entire world! Oh sure, there is the 'odd' spot somewhere on the planet where regular dancing has restarted, but that's very much the 'exception' and given the current increased growth of cases, I wonder how long that will even last?

But 'dancing' hasn't completely stopped, as the "virtual" world has picked up somewhat, with both Square & Round 'virtual' events taking place over the internet using Zoom video! For those square dancers that can adapt to dancing with 6-7 'phantoms', it certainly will keep you moving and thinking, and certainly challenge your understanding of every dance move you've ever done! Understanding the 'definition' of each call is the key! If you're doing it, then great, but if you tried it & got frustrated, don't worry, you're amongst the majority!

When will we start dancing again? No-one really knows, but my guess is "hopefully" around this time next year?? Recalling the survey that I circulated to our Lockits dancers back some months ago that came back with >77% would not be back dancing until such time that a vaccine was available!! Over 77% speaks volumes!

And so we wait and hope, and stay home, stay safe & stay well. And when it's time to "Square Up" we'll all certainly be raring to go!! I know Teena & I will be!!

Now for this edition, I did ask our Lockits gang if they'd like to 'contribute' to our Club News and I have received a few items that follow along shortly. To you, my thanks!! I didn't have any 'recent' photos, so I scoured my archives and came up with what you see. Now I'm sure you'll recognize those in the photos, although a few are a couple of years old and you'll also certainly recognize they were taken during one of our 'fun' events at Lockits. This is all done 'in fun', so enjoy!!

SAD NEWS

Lynne Barnhouse passes away.



On Tuesday, September 8th, 2020 we lost one of our beloved & long serving dancers at Lockits. As most know, Lynne & Pat are 'long time' dancers with several clubs here in Ottawa. They danced with our Kickers Basic & Mainstream Club as well as our Trackers Plus club, and were Lockits since 2009, only slowing down their dancing a year or so ago when Lynne was having some health challenges.

Even then, they'd still drop by for a 'visit' from time to time to just chat & we've never seen Lynne without a smile on her face!. Teena & I spent many fun hours with Pat & Lynne both at dances, weekend events and Square Dance cruises. She will be very much missed by us all. Lynne was 83.



Halloween 2019

George & Sharon Morrow

Sharon and I have been golfing a lot over the past few months. Where we would be square dancing and going to duplicate bridge clubs we now are golfing every second day.

On the non-golfing days we go for long walks around the neighborhood exploring new area and paths. Already worn out one pair of walking shoes.

Not much interaction with our children as they are in different bubbles, but we do see them from time to time. We do not turn on the TV until the evening news is on. Thank goodness we both enjoy reading.

Lyn Steggall

Now you may not know it but this Lockit seems to have a poetic side that most of us are not aware of. When I asked for contributions to this item, the following 'poem' was submitted. And so you know, Lyn's family has a cottage on Norway Lake and she loves to be the first one to swim in the Spring & the last one to swim in the Fall. This poetic 'event' was recorded on September 6th, so the lake temperature wasn't too cool!

I entered the lake
Have to tell you,
The swimming was great!
Did it twice,
Did dive thrice.
Front crawled to the island
Too bad, had to return to our mainland
The canoeing was sublime,
Had a great time.



Halloween 2019



Halloween 2019

John & Barbara LeGrow

Here is what we have been up to this summer.

Most of it was at the cottage (on Norway Lake – same one as Lyn) but we did some camping as well. During the camping trip we stopped at Happy Green Acres to see some of our Gypsy friends, we did some geocaching, attended a socially distanced corn roast with the Gypsies in Delta and celebrated 54 years of wedded bliss at a British Tea Room in Brockville.



Les & Valerie Goodwin

Well, Geoff you asked what have been up to this summer: the short answer is not much.

Spring started off in the usual way: dancing at Maple Sugar in Burlington, VT, the first weekend in March, after which our small C1 group danced as usual on the Wednesday evening, but the two days later -BANG - everything shut down. When it came to supplies Valerie did the shopping: Les, being the old fa*t, stayed at home, doing what he can't remember, but the garden does look better. Valerie also continued helping our daughter-in-law with her young triplet girls..

Summer is usually the time of festivals - the days normally for the Ottawa Jazz Festival, and Music and Beyond came and went, as did our scheduled dates for visits to the National Arts Centre and the Ottawa Little Theatre. Summer Magic was also crossed off the list, but, on the plus side, I do now go grocery shopping with Valerie!.. We did make a visit to the States, without setting foot on its soil, when we took a cruise around the 1,000 Islands out of Rockport. 50 passengers on the boat which normally holds 200, with masks mandatory. On the subject of masks, have you been to the bank lately. Les has been going on a fairly regular basis with deposits for the Bytown Railway Society, complete with mask, cap and dark glasses, which in normal times would have meant a visit by the police

Before the lock-down we didn't really know what Zoom was. Now we use it regularly to have meetings with guys that Les shared a house with in Chelsea during his London University days and also to dance A2 and C1 with Don Moger. Have you ever tried dancing with phantoms that always seem to screw up?

When will it ever end? Just received word that next March's model railway show in Kingston is cancelled. Now waiting for news about the 2021 Square Dance Convention in BC (not Bells Corners but the other place).

And just remember, one day you'll be able to tell your grandkids that you survived the Great Toilet Paper shortage of 2020

And a few last words of advice to consider (thanks Les!).....

Confucius did not say:

- Man who wants pretty nurse must be patient.
- Lady who goes camping with man must beware of evil intent.
- Man who runs in front of car gets tired, but man who runs behind car gets exhausted.
- Man who eats many prunes get good run for money
- War does not determine who is right; it determines who is left.
- Man who drives like hell is bound to get there.
- Man who stands on toilet is high on pot.
- Wise man does not keep sledge hammer and slow computer in same room.
- Man who lives in glass house should change clothes in basement

Live Lively -



Square Dance

You are always welcome to dance with us at any time when the time is right!!!

Square Dancing IS all about Fun & Friendship

SQUARE DANCING DURING A PANDEMIC

Are you missing square dancing? Are you worried that once we return to dancing you will have forgotten the calls and need to start over again at Basic? Are you missing the social friendships that come with square dancing? Well, I have an answer for you that addresses all of your concerns – Virtual Square Dancing! After the initial month of the pandemic had passed and it became evident that Square Dancing would not be returning for some time a number of innovative callers came up with the idea of square dancing in your own home with the calls coming from your computer!

How does it work? First many callers over the past 3 – 4 months have worked at creating smooth choreography using 2 couple calls only but unless you have other square dancers in your bubble, the second couple is phantom. You have 2 dancers doing the calls that involve 4 people. This is not as hard as it sounds! You square up facing your computer who is the caller, so you are couple # 3. If you have the space, it helps your dancing if you can put down a grid with masking tape.

They post on Facebook and via email to their square dancers a “dance” on a specific date and time. These “dances” are done over the internet via the ZOOM application. Once you download the Zoom free application you can access any of these advertised dances. Once you sign it and are let into the “room”, you can now see and hear the caller as well as see other dancers that are online.

These sessions are usually an hour to an hour and a half structured like a dance – 12 to 15 minutes dancing, 10 minute break. The caller can see how you are dancing so he/she will stop and review any call that is giving dancers a problem. These events keep your square dance skill up – and are fun!



These dances are being organized at all levels – Basic thru to C-3. The best resource for finding out when and what level of square dancing – or round dancing (there are very few Round Dances – but be sure to check, the longer this pandemic goes on, the more likely round dances will increase) – is on Facebook on a page “Virtual Square Dances. Simply search for the page and read the posts and make note of any you are interestd. A number of us from Kingston have been dancing Plus, A-2 and C-1 with different callers for a couple of months now.

Upcoming are dances that will teach you how to dance a 2-couple call for those that are unsure. There is no charge to join a dance, some callers have “tip jars” info and you can electronically send a donation IF YOU WISH – there is no obligation. The callers are missing square dancing as much as the dancers are.

Here’s a quick introduction to virtual 2-couple square dancing by Darren Gallina

https://www.youtube.com/watch?v=aq6h0_70wUA&t=95s

P.S. An excellent second source of upcoming Square and Round dances is on Facebook Square Dance Flyers.

Shirley Brown, Kingston Limestone Square & Round Dance Club

Club News Meri Squares

It has been a challenging year for everyone, but Meri Squares has found many ways to keep in touch.

Our Executive has "Zoomed "regularly, of course to make the decisions needed even if we are not dancing. We have been sending out regular e-newsletters to members to encourage them to stay connected and to pass on Club news. Our annual AGM was postponed in April but we will be holding a virtual one in October: should be interesting! And we are holding a *Zoom "Club Chat "* in September. It is a chance for members to catch up and have fun, " live"!

Several new dancers had their lessons cut short when dancing shut down in March but we are still looking forward to celebrating their accomplishment. Our new members from 2019-2020 are: Barbara Coulson, Diana Gordine, Jill Graham, Joel Yan and Toby Yan. Glad to have you in our square!

Our members have been busy! Cycling, water sports, golfing, gardening, cooking, cottaging, reading "War and Peace" and catching up on old TV shows. Several members have been sewing up a storm making lots of masks for friends and family and charity. There has even been time for some members to finish a few personal sewing projects (see photo of Lamar's creation, below, and one of our members enjoying his kayak at the lake).





Our wonderful callers, Wendy Vandermeulen and John Chapman have spent hours creating some amazing virtual square dance experiences and reaching out to dancers. Have you tried this new way of dancing? No partner needed, just a computer and some enthusiasm!

We all miss dancing with friends and colleagues, and we send our best wishes to everyone. Keep well and safe till we meet again on the dance floor!

Submitted by: Pat McLachlan

Club News Riverside Gypsy Squares

We have had a quiet summer with no dancing. The club was able to have a couple of campouts while maintaining social distancing and/or wearing our masks. In August the lucky campers were able to enjoy a corn roast in small groups.

The club has made a decision to move from our long standing campground, Happy Green Acres, due to a number of reasons. Next summer we will officially be moving to Lower Beverly Park, in Delta Ontario. This park is run by the Municipality and offers short term sites, seasonal sites and cottages. We will be camping on the second weekend in May and then the third weekends June through September. More information will be available next Spring. The club is also going to move their Saturday night dance time to Saturday afternoon followed by a potluck and the monthly entertainment. These activities will take place at the Fairground hall a three minute drive from the Park.

We are hoping that we will be able to meet together for a Mid-Winter Dance but look to later editions of Square Time or the EOSARDA calendar for more information as it becomes available.

Mary Anne Reinhard

Club News Stepping Out Rounds

New Round Dance Club, Ottawa

By Wendy VanderMeulen

We had just gotten a good start in our lessons for Two Step when COVID hit, and now we've forgotten everything we learned. To be expected, right? One thing we haven't forgotten, though, is the friendships we made with each other, and we can't wait to get back to seeing each other again.

We were very sad to hear the Lynne Barnhouse passed away this summer. Although her dancing was limited, it was great to have her cheerful self as part of our group. She will definitely be missed. Our thoughts are with Pat, and we hope to see him out with us again, whenever it is that we can start dancing.

I haven't heard from too many of our members, but what I did receive seems to be very familiar – what else is there to do, in most cases! We all understand that!!!!

- ♦ We did go camping at Farran Park, at Ingleside, for five days, far too short.
- ♦ We're having more chats with neighbours from across the streets (no secrets from anybody!) during our walks. John hunts down weeds, and when he tires of our own weeds, he heads for the neighbors'! Lots of tv, reading, zoom meetings and sleep.
- ♦ I do a little walking some days and help several friends with yard work and housework, as they are too crippled to do the heavy lifting etc.
- ♦ As you can see I sure need dancing to add some excitement to my life - reading and knitting just don't cut it!

I like that last comment – although reading DOES work for me! Life's not right if there is not a good book on the side table ready to pick up and spend some time reading. Especially nowadays, when it can take us away from this crazy what's-normal-anyway time to lands and people in faraway times and/or faraway places. Of course, it will be best to be back to normal, spending time with REAL people – in a dance hall somewhere! See you then ☐

Club News Swinging B'S & Glengarry Tartans

The covid-19 pandemic hit our country (Canada) hard, and the elderly were among the hardest hit. With most venues cancelled all Canadians turned to their own creativity to find ways to keep entertained. As the final months of summer approached the organizers for the Williamstown Fair managed to find a solution to host the annual event for the year 2020. A reverse parade would be held on the fairgrounds as visitors drove through slowly while remaining in their cars. Various exhibitors were invited to set up a display along the designated route. All precautions were taken to prevent the spread of the dreaded virus.

The Swinging B's often performed at the fair to promote square dancing and also entertain the crowds that gathered there. It did not take much convincing for the Swinging B's of Cornwall, and the Glengarry Tartans of Alexandria to join forces and create a float depicting their form of dancing. Bernie and Carole Lauzon opened their home where a borrowed trailer was parked for volunteers to work their magic. Once a theme was agreed on, nothing could stop these tireless workers.

First a kitchen was assembled from the floor up. Lights were installed and a table was set. A Christmas tree was completely decorated; manikins were dressed in their best bib and tucker to create...

"A CHRISTMAS KITCHEN PARTY"

Bernie Lauzon constructed the bones of the kitchen.





Stanley Swerdfeger installed lights.



Iris Swerdfeger & Millie Chisholm dress a musical fellow for the party.





A

CHRISTMAS KITCHEN PARTY WAS BORN.

Once the float was assembled and transported from Lancaster to Williamstown it was given a spot on the fairgrounds for the reverse parade. Even though this party started with only one couple I heard there were over 600 cars that passed through the fairgrounds the night of September 5, 2020. I think some of those visitors wished they could do a little jig with our happy couple.



The Williamstown Fair did not yield to the Covid-19 virus. The oldest Country Fair in Canada not only managed to continue a yearly event, it also encouraged local communities to not give up hope. WE WILL SURVIVE!! Anyone who had a part in this year's fair should be very proud of themselves. What a great job was done. On behalf of the Swinging B's and the Glengarry Tartans; we thank you all.

Submitted by Millie Chisholm

Photos by Carole Lauzon

The Team: Natalie Romanko Linda Lauzon Verna Warden
Carole & Bernie Lauzon Iris & Stan Swerdfeger Millie Chisholm

Club News Swinging Swallows

From the (now empty nest of the) Swinging Swallows

At last! Something that reminds me of 'normal'! The Square Time publication ... yahoo!



The Swinging Swallows, like all other clubs, have not gathered since early March. We didn't get to hold our St Patrick's Day Party, and many other events that have become our 'usual things to do', like our annual Dinner/Dance with the Boys and Girls Club, our Easter celebration, our year-end Dancer Celebration Pot-luck Dinner/Dance...dancing all summer at the hall or out at the lake, dancing in the parks in Pembroke and Petawawa.

These are all great memories and we will make more of them in the future. The photo shows some of the Boys and Girls Club visiting last year. Just think of the fun we will have when we *get back to it!*

Shortly after we had to stop dancing, the Swallows donated \$600 to a local Food Bank to help them feed those in need in our community. Each fall the Club donates to the Food Bank, but alas this year will be different.

Throughout the pandemic our Club Treasurer, Renton Patterson, has issued a weekly email to our members and friends containing the choreography, singing calls, video clips, etc, of some of his favourite dances (that we have purchased over the years). This has been a remarkably interesting method to keep dancers thinking of dancing!

A while ago, the Swallows' President, Andre Blais, scripted a short note about what he and his family have been doing since we have had to suspend dancing. At the end of his letter he 'challenged' another member of the club to do the same for the next week and that member 'challenges' another for the following week. It is a fantastic way to 'stay connected' and we are learning many interesting things about our friends, besides the fact that they love to square dance.

I am sure that most dancers are anxious to get back to it; we miss the fun, the friendships, and the exercise that square dancing provides.



Swallows member, Anne Jarcew, found a wonderful way to spend some time with family members -- paddling near her home on Percy Lake outside Petawawa.

Now is a good time to be chatting with non-dancing friends, neighbours, and family members to let them know that when we are able to begin dancing again, they are invited to join us for the best, most social form of exercise ever. *Invite them to think about doing something out of the ordinary, something extraordinary!*

At the moment the Swallows can not invite you to drop in to join a square, BUT when we start up again, we will be planning for visitors and to visit!

Submitted by Gloria Bateman



Your Publicity Committee, working with you
to promote square, round and line dancing!

Working Together -- Visibility Within and Outside Our Clubs

One of our dancers recently sent us a suggestion and the Publicity Committee feels that it's an important one to share since many dancers are participating in virtual dancing: www.wheresthedance.com ? The site lists dance events around the world include virtual dancing opportunities. You can search both square and round dance by checking off the appropriate boxes. Why not take a look and see what is available?

Obviously, publicity efforts cannot be directed at recruitment at present since no one knows when we will be able to start dancing. However, the Publicity Committee believes there is a need to continue to stay in touch with current dancers and indeed, to ensure that square, round, and line dancing is *visible* in our communities. When people are ready to start socializing again, safely, we want them to think of our dancing activities and join us! That will only happen if we make an effort to find ways to be "seen" while we cannot actually dance.

From the information we have received from some of the club publicity reps, they are making a good effort to keep in touch with their members and keep them up-to-date. Clubs have used emails, phone calls, virtual dancing, and a few Zoom meetings, in an effort to stay in touch with their dancers.

Two clubs (the Swinging B's (Cornwall) and the Glengarry Tartans (Alexandria) worked together to create a display for the Williamstown Fair for a drive-through parade.

Almost 100 dancers participated in The Ottawa Date Squares' virtual fly-in called 'Zoom North to the Capital' to celebrate the club's 25th anniversary. We suspect you can read all about it in the Date Squares' own ST article. Congratulations on a successful event!

The Swinging Swallows (Pembroke) are keeping in touch through weekly emails highlighting a favourite song each week, including choreography, singing calls and video clips (purchased over the years). The club also has a "Swallows Challenge" whereby one member (couple) provides a note about what they've been doing during the Pandemic and they 'challenge' someone else to be the scribe for the next week, and so on!

... and talk about a Challenge... here's one!

Since common sense tells us that it is not a good time to gather to dance, it seems a great time to focus on trying to interest others in the fun, fitness and friendships that square, round and line dancing provide. What can we do to catch the eye and ear of the non-dancers to spark their curiosity and make them aware of the great activities we so enjoy?



The Publicity Committee (Lamar, Carole and Gloria) ask that you creative-types out there put 'pen to paper' so to speak, and design a poster (on-line) that best depicts your impression of the fun, exercise, challenge, confidence-building that our dance forms provide. Create a general one for all dance types or be specific to square or round dancing. We will select a couple that we feel best demonstrate to non-dancers what they are missing.

The poster should include the EOSARDA website and email for contact information and something "catchy" about joining us when dancing resumes. Winning 'artists' will be announced in an EOSARDA Bulletin (along with a description of their prize)! More details will follow in the Stay Connected #6!

Our goal is to provide the winning posters to all EOSARDA clubs to post on their websites and Facebook pages. Clubs could also post them throughout the community. What do you think? Will this contribute to increasing our visibility?

It will help, too, if we spend some time now (socially distanced, of course!) chatting with non-dancing friends, neighbours, and family members to let them know that when we are able to begin dancing again, they are invited to join us for the best, most social form of exercise ever.

Invite them to be part of something out of the ordinary, something extraordinary!

Gloria, Lamar & Carole



Swing into Spring Falls Victim to COVID-19

At its September 2020 meeting, the *Swing into Spring* Committee reviewed existing Ontario health protocols, as well as local and provincial restrictions and requirements for gatherings. These factors, along with a lack of information about availability and cost of renting a venue make effective planning for the 2021 event difficult, if not impossible. Therefore, the Committee reluctantly (but, we believe, realistically) agreed not to hold *Swing into Spring* 2021.

Swing into Spring is a three-way partnership involving the *Swing into Spring* Committee and our two sponsoring associations, EOSARDA and SVSRDA. All three parties agree that there is no reasonable path leading to a 2021 *Swing into Spring* event.

As a result, the Committee will close off our agreements with staff for the 2021 weekend. Dancers who had their 2020 registration fees carried over to the 2021 event, will be contacted by the Treasurer about refunding those fees.

The *Swing into Spring* Committee will use the coming months to plan for a fantastic event again in 2022. Watch for updates at www.SwingintoSpring.ca and at www.facebook.com/PrescottSIS/.

Gloria Bateman for
The *Swing into Spring* Organizing Committee

Square Dance Clubs

Bay Waves

Basic/MS

No dancing until further notice Friday 7:30pm - 10:00pm

Northwind Community Centre

262 Len Purcell Dr,

Constance Bay

Caller: Ron Gardner

Contact: Ron Gardner

613-878-7712

bay.waves@live.ca

Charmin' Promenaders

Plus

No dancing until further notice Wednesday 7:15pm - 9:30pm

Seaway Senior Citizens' Club

506 Pitt St (at Fifth), Cornwall

Caller: Wendy VanderMeulen

Contact: Wendy VanderMeulen

613-987-2711

wendyv@sympatico.ca

Crazy A's

A1

No dancing until further notice Friday 7:00pm - 9:30pm

St. Mark's Anglican Church

1606 Fisher Ave, Ottawa

Caller: John Charman

Contact: Wendy VanderMeulen

613-987-2711

WendyV@sympatico.ca

Glengarry Tartans

Beginners + Basic

at every dance

No dancing until further notice Most Sundays

Check schedule 2:00pm - 4:00pm

Usually La Fraternité Hall

49 St Paul St, Alexandria

Check Schedule

Caller: Francois Demarais

Contact: Carole & Bernie Lauzon

613-931-1783

clauzon55@sympatico.ca

Grenville Gremlins

Basic/MS/

with Plus Tips before and after

No dancing until further notice Monday 7:30pm - 9:30pm

North Grenville Municipal Centre

285 County Road #44,

Kemptville, ON

Caller: Geoff Clarke

Contact: Peter & Geraldine Matthews

613-258-3690

kemptvillesquaredance@gmail.com

Harbour Lites

Basic/MS

Plus Teach

No dancing until further notice Wednesday 7pm - 9:30pm

Presbyterian Church

Center & Dibble Streets, Prescott

Caller: John Charman

Contact: Gerald & Marlene Casselman

613-652-4232

gm.casselman@gmail.com

Kanata Squares

Basic/MS

No dancing until further notice Thursday

1:30pm - 3:30pm

Dick Brulé Community Centre

170 Castlefrank Rd, Kanata

Caller: David Currie

Contact: David & Marie Currie

613-521-5292

david.currie@sympatico.ca

Limestone Dancers

Plus/Advance

No dancing until further notice Monday 7:00pm - 9:30pm

Polson Park Public School

165 Robert Wallace Dr, Kingston

Caller: Dave Hutchinson

Contact: Bill Bryan

billbryan4@hotmail.com

Limestone Dancers

Basic/MS

No dancing until further notice Thursday

7:00pm - 9:30pm

Polson Park Public School

165 Robert Wallace Dr, Kingston

Caller: Dave Hutchinson

Contact: Bill Bryan

billbryan4@hotmail.com

Lockits

A2

A1

No dancing until further notice Wednesday 9:30am-10:30am

10:30am - 12:00 Noon
Brunton Community Hall
1702 9th Line, Beckwith (Carleton Place)
Caller: Geoff Clarke
Contact: Geoff & Teena Clarke
613-724-8438
caller.geoff@bell.net

Meri Squares

Basic/MS
No dancing until further notice Tuesday 7:30pm - 9:30pm
Westminster Presbyterian Church
470 Roosevelt Ave, Ottawa
Caller: John Charman
Wendy VanderMeulen
Contact: Lamar Mason
613-221-9188
lamarmason4@gmail.com

Meri Squares

Plus
No dancing until further notice Thursday 7:30pm - 9:30pm
Westminster Presbyterian Church
470 Roosevelt Ave, Ottawa
Caller: John Charman
Contact: Lamar Mason
613-221-9188
lamarmason4@gmail.com

Mississippi Squares

Basic/MS
No dancing until further notice Tuesday 7:00-7:30pm Full MS
7:30pm - 9:30pm B/MS
Brunton Hall
1702 9th Line, Blacks Corners (Carleton Place)
Caller: Brian Crawford
Contact: Vince and Debbie Guthro
613-257-2480

Mississippi Squares

Plus, Plus Teach
No dancing until further notice Friday 7:30pm - 10:00pm
Brunton Hall
1702 9th Line, Blacks Corners (Carleton Place)
Caller: Brian Crawford
Contact: Vince and Debbie Guthro
613-257-2480

Napanee Pioneers

Basic/MS/Plus
No dancing until further notice Friday 7:00 pm
Southview Public School

18 Golf Course Lane at Cty Rd 8, Napanee
Caller: Dave Hutchinson
Contact: Muriel Brough
613-354-4595
brough@kingston.net

Opeongo Squares

Basic
some MS teach
No dancing until further notice Tuesdays 2:00pm - 4:00pm
call to confirm time & date
Opeongo Seniors Centre
19 Stafford St, Barrys Bay
Caller: Roger Moreau
Contact: Roger J. Moreau
613-628-6626
jrmoreau@distributel.net

Ottawa Date Squares

Basic/MS/Plus
LGBT friendly
No dancing until further notice Wednesdays 6:30 pm - 8:45pm
Room 202, Jack Purcell Community Centre
320 Jack Purcell Lane, Ottawa
Caller: Mark Benoit
Wendy VanderMeulen
Contact: Jean-Marc Robichaud
613-424-2992
OttawaDateSquares@gmail.com

Quinte Twirlers

Basic, MS, Plus, Lines
No dancing until further notice Wednesday 6:30 Line Dance
7:00pm - 9:30pm
Harmony Public School
Belleville
Caller: Dave Hutchinson
Contact: david dunham
613-403-2882
quintetwirlers@gmail.com

Riverside Gypsy Squares

MS/Plus/Rounds
No dancing until further notice May/Jun/Jul/Aug/Sep
Every 4th Weekend
(Fri/Sat/Sun) Check Schedule
Various times
Happy Acres Campground
2 Green Acres Rd
Brockville
Caller: Various Callers and Cuers
Contact: Helen MacCallum

Hm: 613-933-4025
Cell: 613-330-4873
helenmaccallum@sympatico.ca

Saturday Squares

AM - MS Wrkshp
PM - DBD Plus
No dancing until further notice Saturdays
Once a Month
Check Schedule
Tom Brown Arena
141 Bayview Rd (at Scott) Ottawa
Caller: Wendy VanderMeulen
Contact: Wendy VanderMeulen
613-987-2711,
wendyv@sympatico.ca

Skirts n Flirts

Basic/MS/Plus
No dancing until further notice Friday 6:30pm - 9:00pm
Canton Central School, Banford Elementary
School Cafeteria
99 State St, Canton N.Y
Caller: Bob Brown
Contact: Alan & Sandy Brown
315-543-2175
sadushbrown@gmail.com

Sunshine Squares

Plus
No dancing until further notice Wednesday
7:00pm - 9:00pm
Canterbury Community Centre
2185 Arch St, Ottawa
Caller: Bob Summers
Contact: Doug Bennett & Laura Johnson
613-730-0002
douglas.bennett2@sympatico.ca

Swinging Bs

Basic/MS/Plus/Rounds
No dancing until further notice Friday Class
7:00pm - 8:00pm
8:00pm - 10:00pm
Knox - St. Paul United Church
800 Twelfth St E, Cornwall
Caller: Don Moger
Guest Callers
Contact: Helen MacCallum
hm: (613) 933-4025
cell: (613) 330-4873
helenmaccallum@sympatico.ca

Swinging Swallows

Basic/MS/Plus
No Dancing until further notice Thursday
6:30pm - 7:00pm Plus
7:00pm - 9:30pm B/MS/P
Wesley United Church Hall
275 Pembroke St E, Pembroke
Caller: Francois Desmarais
Contact: Andre Blais
819-689-5487
andre.cathy@hotmail.com

Village Squares

Basic/MS
No dancing until further notice Wednesday
7:30pm - 10:00pm
Roy C. Hobbs Community Centre
109 Larch Ave, Orleans
Caller: David Currie
Contact: Bob and Gabrielle Forsyth
613-833-2601
gandbforsyth@bell.net

Round Dance Clubs

CAPITAL CAROUSELS

Parkdale United Church
429 Parkdale Ave
Phases 3 to 5
No dancing until further notice
Monday 10:00am 12:00pm
Phases 3 to 4
Thursday 10:00am 12:00pm
Contact: Gavin Currie 613.739.9593
president@capitalcarousels.ca
www.capitalcarousels.ca

LIMESTONE DANCERS

Ph 2, 3 + Beginner Wednesday
No dancing until further notice
Beginners: 7:00pm
Intermediate: 8:00pm
Poison Park Public School
165 Robert Wallace Dr, Kingston
Cuer/Contact: Susan Connors
613.634.3384 susanhenden@hotmail.com

Stepping Out Rounds

No dancing until further notice
Ph 2-3 Teach + Beginner
Friday
2:00 - 3:30 pm Teaching New Dancers
3:30 - 4:30 pm Teaching and Dancing Experienced Dancersy
St. Mark's Anglican Church
1606 Fisher Ave., Ottawa
(South of Baseline, at Normandy)
Cuer: John Charman
Wendy VanderMeulen
Contact: John Charman
Wendy VanderMeulen
613-987-2711

Line Dance Clubs

Capital City Lines

Beginners

No dancing until further notice

Mon 1:00pm-2:00pm

Alexander Community Center 960 Silver Street, Ottawa

Caller: (AJ) Diane Poulton

Contact: Diane Poulton 613.729.4974

clogger13@sympatico.ca

Capital City Lines

Beginner plus

No dancing until further notice

Mon 1:15pm-2:15pm

Alexander Community Center 960 Silver Street, Ottawa

Caller: (AJ) Diane Poulton

Contact: Diane Poulton 613.729.4974

clogger13@sympatico.ca

Got Lines - Line Dancing - Richmond

Tuesday 2:30 pm - 4:00 pm

No dancing until further notice

Easy Lines 2:30 - 3:00 pm

Beginner/Improver 3:00 - 4:00 pm

Upper Hall, Richmond Arena

6095 Perth Street

Richmond

Instructor/Contact: Dave Western 613 838-5428

dlwestern@yahoo.com

Got Lines - Line Dancing - Stittsville

No dancing until further notice

Thursday 7:00 pm - 8:30 pm

Easy Lines 7:00 - 7:30 pm

Beginner/Improver 7:30 - 8:30 pm*

*Includes optional, complimentary Intermediate Line Dance program 8:30 -9:00 pm

Upper Hall, Johnny Leroux Arena

10 Warner-Colpitts

Stittsville

Instructor/Contact: Dave Western 613 838-5428

dlwestern@yahoo.com